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# THE RIVER WEEKLY NEWS

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Vol. 15, No.31

From the Beaches to the River District downtown Fort Myers

AUGUST 5, 2016

## August Lineup At Davis Art Center



Burlesque is back at the Davis Art Center

photos courtesy SBDAC

The Sidney & Berne Davis Art Center has a variety of entertainment options during the month of August. The schedule includes:

### August 5, Art Walk – Art Exhibit Opening

Symbiotic: Malerba/Mesdaghi, Grand Atrium, August 5 to August 23.

Southwest Florida art entrepreneurs Mariapia Malerba and Leila Mesdaghi are the first artists to take part in a two-week artist residency program at Sun Peaks Center for Art and Sustainability in Colorado Springs, Colorado. The works created during their residency will be presented during the August Art Walk at the center and will remain on view through August 23. Regular gallery hours are Monday through Friday from 9 a.m. to 5 p.m. Art Walk runs from 6 to 10 p.m. and there is no admission charge.



Teenage piano prodigy Noah Waddell in concert

### August 13, Glam! Bam! Burlesque!

*Glam! Bam! Burlesque!* is back again. Experience Southwest Florida's sexiest revue as these Southwest Floridal girls showcase the art of vintage burlesque and classic tease. This will be an all-seated show with table options and general admission row seating available. Tickets are close to selling out. Online sales only at [www.glambamburlesque.com](http://www.glambamburlesque.com) or [www.facebook.com/Glambamburlesque](http://www.facebook.com/Glambamburlesque). Show time is 8 p.m., general admission seating is \$35.

### August 19, 4P Music Network

Are you ready to claim your five minutes of fame? Join the 4P Music Network and perform during Music Walk at the Sidney & Berne Davis Art Center. Have

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## New Exhibit Coming To FGCU Gallery

The Art Galleries of the Bower School of Music & the Arts at Florida Gulf Coast University (FGCU) present *Inspired Collectors: Highlights from the permanent collection in the Main Gallery* from August 17 to September 22. This exhibition is co-curated by gallery director John Loscuito and gallery coordinator Anica Sturdivant.

On Thursday, September 1, there will be a roundtable discussion, followed by a reception from 5 to 7 p.m. at the Main Gallery in the Arts Complex. The exhibition is sponsored in part by Gene and Lee Seidler, and Florida Department of State, Division of Cultural Affairs and Florida Council on Arts and Culture.

The FGCU Art Galleries' collection of art has steadily grown over the years to include a variety of styles and media. This exhibition features a range of works that have been donated to the gallery, including abstract prints, Haitian paintings and other works by contemporary artists.

The gallery is located in the Arts Complex on FGCU's main campus at 10501 FGCU Boulevard South. Parking is available in Lot 7 for gallery visitors.



*Dream Interpretation*, a 1994 oil on canvas painting, is a promised gift to FGCU Art Galleries from Richard Stephen and Ingela van Essen Conley

photo courtesy FGCU

Regular viewing hours are 10 a.m. to 4 p.m. Monday through Friday and 10 a.m. to 7 p.m. Thursday.

For more information, go to [artgallery.fgcu.edu](http://artgallery.fgcu.edu) or call Anica Sturdivant at 590-7199 or [asturdiv@fgcu.edu](mailto:asturdiv@fgcu.edu).

## Art Entries Sought For Poster Contest

ArtFest Fort Myers, a Southwest Florida fine art festival, is currently accepting submissions for the 2017 poster/T-shirt.

"We hope that all professional artists will submit artwork that speaks to Southwest Florida," said Sharon McAllister, executive director. "Our commemorative poster and T-shirt always feature inspiring original artwork, and we encourage any artist, not just those applying to participate in ArtFest Fort Myers 2017, to submit their artwork for consideration."

"I loved, loved being the featured poster artist for ArtFest Fort Myers," said Leoma Lovegrove about her 2016 experience. "The media whirlwind began with the poster unveiling party in early January... such an honor to meet the dedicated community of art buyers who support the art festival. In the weeks preceding ArtFest, my work and my story were promoted everywhere and my festival weekend was a marvelous success."

The artist whose work is selected will be featured in a broad range of print, online and VIP promotions preceding

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Historic Downtown Fort Myers, Then And Now:

# Renewal And Change At First And Lee Streets



by Gerri Reaves, PhD

This circa-1975 photo of a prime downtown block illustrates the sometimes awkward synthesis of historic and new. Pictured is the south side of First Street, with the Lee intersection on the left.

Like many post-1960 photos of the business district, it indicates that the town was dealing, not always gracefully, with the age of the American shopping mall. Many once-thriving traditional downtowns began to decline as businesses fled to the suburbs.

Inexplicably, some buildings were renovated and repurposed – sometimes by defacing or covering up original features – and other structures that seemed equally deserving perished.

Even the sidewalk brick planters and inappropriate plants in the photo point to the contradictions of that era before historic preservation became a priority and downtown achieved a more cohesive aesthetic look.

What could be less pedestrian friendly than the thorns of a Spanish bayonet plant? And how practical are seagrape trees in planters they will soon outgrow – not to mention the fruit litter and falling leaves?

Note the “no parking” signs along the street. No convenient Zip parking existed back then – unless you owned the bicycle leaning against the lamppost.

Nevertheless, this section of town still held its own, even as many downtown mainstays relocated south of downtown.



This circa-1975 photo of First Street captures a downtown in flux. The First National Bank building (left) at Lee and the Edison Regency, the former Franklin Arms Hotel, survived. The 1920s structure on the right was demolished. courtesy Southwest Florida Historical Society



The latest reinvention of the bank building is nearing completion, and the Franklin Arms has long been a law office (front) and condominium tower. A courtyard occupies the center of the block, and a new project is planned for the site at the Jackson corner

photo by Gerri Reaves

Visible in the historic photo's left is the still fairly new First National Bank. It had opened on the corner at Lee in 1960 after moving from its historic granite quarters only two blocks west at Hendry. The upper floors were home to law and other offices.

The bank building still stands and is being redeveloped, now sporting attractive colors that contrast pleasingly with the former dull browns and beiges. A variety of business operate there, including a popular restaurant.

On the southwest corner in 1975 stood the newly invented Edison Regency House, opened by Gilmer H. Heitman.

The arched front portion of the business was constructed in 1916, when it became the “new” Hill House, a boardinghouse-hotel with 19th-century origins.

Then, in 1918, a group headed by WP Franklin bought the property and it became the Franklin Arms Hotel. In 1924, it became the town's first “skyscraper,” when the eight-floor tower was built to the rear.

In the 1970s, it was bought by the Heitman family, and at the end of the decade, it became the Edison Regency Hotel and Resident Club, complete with a dining room and barbershop.

Note the sign reading “Copper Kettle,” visible just left of a palm tree.

Since then, the demolition of the historic hotel has been considered at least once, but fortunately it survived.

Today, a law office occupies the front portion and the “skyscraper” has been converted to condominiums.

The mid-1920s Mediterranean-style building on the right, however, did not survive the wrecking ball. The Collier Building, which extended to the corner at Jackson, originally housed offices, businesses, and Barron G. Collier's Tamiami Trail Tours Terminal.

Circa 1975, a variety of offices, including Heitman Realty, were located there. Note the window and sidewalk signs in front of the military recruitment office (right).

Today, part of the Collier Building site is an open courtyard with a fountain that is a favorite for photo shoots.

A seven-story structure is planned for the parcel at First and Jackson.

Walk down to First and Lee and contemplate the never-ending changes of the urban landscape.

Then, visit the Southwest Florida Historical Society's research center to learn more

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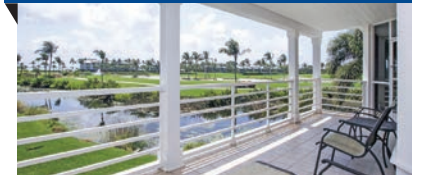
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Fort Myers Art:

# Theaters Announce Play Schedules For Upcoming 2016-17 Season



by Tom Hall

Theatre Conspiracy has updated its schedule of plays for the 2016-2017 season. The full schedule includes:

- *The Book of Liz* by David and Amy Sedaris; opens August 12; directed by Stephen Hooper, it stars Rachel Burttram Powers, Joann Haley, Jim Yarnes and Trevor Beauvois-Kinney.
- *The Gun Show* by EM Lewis; opens September 7; stars Miguel Cintron.
- *The Taming* by Lauren Gunderson; opens October 14.
- *The Country Wife* by William Wycherley; opens December 1.

- *33 Variations* by Moises Kaufman; opens January 20.
- *Ma Rainey's Black Bottom* by August Wilson; opens February 24.
- *Nice T!ts*, written by and starring Amy Marcs, for four performances spanning March 17 to 19.

- *The Cave* by local author Jeffery Lindsay (Darkly Dreaming Dexter and Dearly Devoted Dexter); opening March 24.
- The New Play Contest Winner; opening May 5.

Go to [artswfl.com](http://artswfl.com) to access information about the plot, play dates, times and other pertinent information.

Individual tickets to each show are \$24 or \$11 for students with proper ID. Season subscription packages are also available. Buy all nine shows for \$153 (\$17 per ticket) or eight shows for \$144 (\$18 per ticket) or seven shows for \$ 133 (\$19 per ticket) or six shows for \$120 (\$20 a ticket) or five shows for \$110 (\$22 per ticket).

Tickets can be purchased by calling Theatre Conspiracy's box office at 936-3239 or at [theatreconspiracy.org](http://theatreconspiracy.org).

## A Cheesy Comedy That's Really Gouda

Opening at Theatre Conspiracy on August 12 is *The Book of Liz* by playwrights David and Amy Sedaris. Here's the plot, as summarized on the back cover of *The Book of Liz* script:

Sister Elizabeth Donderstock is squeamish, has been her whole life. She makes cheese balls (traditional and smokey) that sustain the existence of her entire religious community, Clusterhaven. However, she feels unappreciated among her squeamish brethren, so she decides to try her luck in the outside world. Along the way, she meets

Cast members in *The Book of Liz*

photo courtesy artswfl.com

a Cockney-speaking Ukrainian immigrant couple who find her a job waiting tables at Plymouth Crock, a family restaurant run almost entirely by recovering alcoholics. The alcoholics love her. The customers love her. Her Danderfrock fits right in. Things are going great for Liz, until she's offered a promotion to manager. Unfortunately, Liz has a sweating problem, and to get the job, she'll have to fix it.

Meanwhile, back at Clusterhaven, Liz's squeamish compatriots just cannot seem to duplicate her cheese ball recipe, and it's going to cost them their quaint, cozy, cloistered lifestyle. They are panic-stricken. They are desperate. They are also convinced that Liz has nefariously sabotaged the recipe.

Does Liz go through with the operation? Can the squeamish be saved? Will the cheese balls ever taste good again? The answers to these and so many other questions can be found in this new comedy from The Talent Family, David and Amy Sedaris. Rachel Burttram Powers, Joann Haley, Jim Yarnes and Trevor Beauvois-Kinney star in this goofy, laugh out loud comedy.

## Lab Theater's Schedule For 2016-17 Season

Lab Theater will present the following plays during its 2016-2017 season:

- *The Best Man* by Gore Vidal
- *Wings* by Arthur Kopit
- *I and You* by Lauren Gunderson
- *Mothers and Sons* by Terrence McNally
- *Burn This* by Lanford Wilson
- *Play On!* By Rick Abbott
- *The Last Night of Ballyhoo* by Alfred Uhry.

In addition, Lab Theater will stage the one-act plays that are written by the playwrights participating in its 24-Hour Playwriting Challenge on December 3.

Season tickets are on sale now. Season ticket holders gain entry not only to the shows, but to all staged readings, speakers series, summer shows and the popular 24-hour playwriting project.

Adult season tickets are \$175. Senior/military season tickets are \$140 (age 65 and older or with valid active duty or retired military ID) for use on Thursdays only during main season, October to April. Snowbird tickets are \$70 for staged readings and main stage shows from January 1 to April 30.

Season tickets are non-transferable. They are available for purchase through September 30 online at [LaboratoryTheaterFlorida.com](http://LaboratoryTheaterFlorida.com) and at the box office prior to shows.

## Statue Dedicated To Carmaker Henry Ford

Nine years ago last Friday, North Fort Myers sculptor Don Wilkins cast a standing statue of Henry Ford for the Edison Ford Winter Estates. The seven-foot, four-inch cold cast aluminum sculpture is located outside the car manufacturer's American bungalow-style Fort Myers retreat, The Mangoes, which he purchased in 1916 for \$20,000. Donated by Orvall McCleary, the statue was dedicated on July 29, 2007, the day prior to the 144th anniversary of the inventor's birth.

"Unlike Edison whose clothing was often worn and crumpled, Henry Ford had a reputation as a sharp dressed man," Wilkins relates. "All the reference photos I consulted show that he paid meticulous attention to his clothing, so all the lines in his suit are crisp and tailored to the hilt."

Wilkins did not, however, depict Ford in his famous soybean suit. As that story goes, Ford became concerned in the 1930s that his farming customers could no longer afford to buy his cars because they were not getting the prices they needed for their crops due to the Great Depression. So Ford began developing crops that could serve as ingredients for fuels, plastics and textiles in a "cars growing from the ground" project. Hemp and soybeans seemed especially suited to this purpose. He adapted his Model T to run on ethanol, built a car that contained plastic parts and upholstery of vegetable origin, and even invented a suit made of soybean protein fiber that he called "soybean wool." Always a great promoter of his inventions, he took to wearing the soybean suit everywhere he went.

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# Synergy



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Members of the Fort Myers Beach Lions Club with scholarship winners and their families  
photo courtesy Fort Myers Beach Lions

## Fort Myers Beach Lions Scholarship Winners Honored

The Fort Myers Beach Lions awarded five scholarships at a recent dinner meeting, with the remaining three recipients to be awarded at an upcoming meeting.

With their families looking on as the founding members of the scholarship fund, Jerry Tatarian and Darby Doerzbacher awarded the scholarships to Johan Elrubaie, Florida Gulf Coast University; Jason Freeman, University of Kentucky; Emily Hendry, University of Florida; Sarah Swiersz, University of Central Florida Burnett Honors College; and W. Holt Wallace, University of Florida.

"The Beach Lions began awarding scholarships to area residents more than 20 years ago," Tatarian said. "Our Lions members love to help reduce the burden of higher education costs. And each year, the winners seem to be smarter and smarter."

The Lions Club at Fort Myers Beach has been operating the Beach Shrimp Festival the second weekend in March for almost 60 years as its main fundraiser, among other events. The club is seeking new members who are interested in giving some help back to their community.

Anyone considering joining the Fort Myers Beach Lions Club is invited to attend a dinner meeting. For more information, visit [www.FMBLions.com](http://www.FMBLions.com).✧

## Pokémon Go At Edison & Ford Winter Estates

Thomas Edison was an avid fisherman, but the lures being dropped at Edison & Ford Winter Estates these days aren't for catching fish. To help players find the most Pokémon, Edison Ford Pokémon trainers are dropping lures throughout August.

With nine PokéStops and a gym, Edison Ford is a hot bed for Pokémon players. Participants will find more than 60 different pokémon, including rare ones, such as Pikachu and Onix.

There are PokéStops at historic icons, such as the Mysore Fig tree, the Friendship Walk, Thomas Edison's winter home, the Ford Model A and the Botanic Research Laboratory. The Ford statue, near Henry Ford's winter home, is the gym.

Edison Ford is offering a unique ticket that allows Pokémon Go players to explore the historic riverside where the gym is located and the Pokémon are most active. Now through the end of August, Pokémon players are invited to take advantage of this special offer.

Pokémon players should purchase tickets at The Marina at Edison Ford, located at 2360 W. First St, Fort Myers, FL 33901.

Cost: \$10 for adults (13 and over); \$5 for children 12 and under.

Note: This ticket will admit visitors



The rare Onix can be found at Edison Ford  
photo courtesy Edison & Ford Winter Estates

to the river side of the estates only. It does not include a guided tour, an audio wand, or the museum and laboratory. Pokémon ticket holders will be able to upgrade their ticket across the street at the main entrance to see more of the site.

For additional information, call 334-7419 or visit [www.edisonfordwinterestates.org](http://www.edisonfordwinterestates.org).✧



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# Love That Dress Tickets On Sale

Local fashionistas (and a few brave men) will stake their claim on thousands of new and gently loved dresses and accessories at Love That Dress!, the ultimate feel-good shopping event of the year benefitting PACE Center for Girls. Tickets for Love That Dress! – hosted in both Lee County and Collier County – officially opened online on August 1.

Both Love That Dress! events, sponsored by White House Black Market, will include a large inventory of new and gently loved dresses, shoes, handbags and accessories all donated through collection events held throughout the summer. Attendees can shop for their fashion favorites, enjoy the event's silent auction featuring \$35,000 worth of items, camaraderie, food and cocktails.

Love That Dress!8 in Lee County will be held on Wednesday, August 24 from 5 to 9 p.m. at the Embassy Suites Fort Myers-Estero, located at 10450 Corkscrew Commons Drive. Love That Dress!5 in Collier County will be held on Thursday, September 1 from 5 to 9 p.m. at the Naples Grande Beach Resort, located at 475 Seagate Drive. Proceeds from the events will benefit PACE Center for Girls of Lee County and PACE Center for Girls of Collier County, respectively.

Tickets for Love That Dress! in Lee and Collier County are \$30 per person in advance or \$40 at the door. A limited number of VIP tickets, available for \$150 per person, will grant guests an hour of exclusive pre-shopping, complimentary hors d'oeuvres, private dressing rooms, clothing hold, express check-out service and a private selection of decadent chocolates.

Tickets are available online at [www.lovethatdress.org](http://www.lovethatdress.org).

From page 1

## Art Center Lineup

your performance recorded and you can use this to build a promo pack. You can post your recording on social media and the 4P Network to make connections. There is no cost to join. Learn more and sign up at [www.4pmusic.com/network](http://www.4pmusic.com/network). Music Walk is from 6 to 10 p.m.

### August 25, Art & Poetry Networking

Gulf Coast Leisure presents Art & Poetry Networking Events, showcasing the best art and poetry Southwest Florida has to offer. Artwork of every media is represented as well as music, spoken word, poetry and crafts. Network with like-minded people and expand the artistic community. Call 333-1933 or visit [www.sbdac.com](http://www.sbdac.com) for more information. The evening begins at 8 p.m. General admission is \$10.

### August 26, Southwest Florida Symphony Summer Staycation Concert

The Southwest Florida Symphony presents its 56th season with All About Piano, part of its Summer Staycation. Concerts, featuring teenage piano prodigy Noah Waddell. Hear exquisite piano compositions from Mozart, Hadyn, Finzi, Bloch and Strauss. Tickets can be purchased at [www.swfso.org](http://www.swfso.org), the Southwest Florida Symphony box office, located at 8290

College Parkway, Suite 103 in Fort Myers, or the symphony box office at 418-1500. Tickets may also be purchased before the show. Show time is 8 p.m. General admission starts at \$30.

Visit [www.sbdac.com](http://www.sbdac.com) for complete event information and links. Stay tuned for the upcoming season announcement.

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## Fort Myers Art

Unfortunately, the soy fibers were itchy, and it was not long before less expensive, petroleum-based synthetics like rayon took over the market place. Nevertheless, Ford's interest helped foster the fledging soy industry and scholars speculate that had Ford lived longer, he would have been active in promoting soy foods, which would have greatly accelerated their introduction into American diets.

Ford returned to The Mangoes only sporadically after Thomas Edison's death in 1931. He sold his estate to Thomas and Gladys Biggar in 1945. In 1988, the City of Fort Myers purchased Henry Ford's estate for \$1.5 million, restored it to its historic appearance and opened it to the public in 1989. The property is now managed by Thomas Edison and Henry Ford Winter Estates, Inc., a local non-profit organization.

Today, the Edison & Ford Winter Estates is a world-class cultural and educational resource honoring the innovation and creativity of these two inventors, industrialists and "uncommon friends." A National Register Historic Site, the estates includes the display of permanent art collections as well as temporary exhibits of art as an interpretation of site and a reflection of the 1920s historic landscape.

Intended to enhance the experience of visitors to its museum, grounds and related botanical site, the estates' sculpture collection is primarily figurative and includes a standing Thomas Edison and Henry Ford, seated Mina Edison, and pedestal busts of all three.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.

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# Scarecrows In The Park Contest Benefits Children's Discovery Garden



Riva Del Lago Condo Association earned 2015 Best Overall Display for "Wicked Air"  
photos courtesy Lakes Park Enrichment Foundation



Waste Pro and Tanglewood Elementary was awarded 2015 Best Youth Created Display/  
Sponsor for "Scary Crow"

Lakes Park Enrichment Foundation invites the Southwest Florida community to participate in its seventh annual Scarecrows in the Park contest during the Fall and Halloween Festival, taking place October 21 through October 30 at Lakes Regional Park, located at 7330 Gladiolus Drive in Fort Myers.

Local businesses, organizations, schools and others can join the contest by fashioning custom-made scarecrows to be displayed at Lakes Park during the festival. The deadline for contest registration and scarecrow naming is Friday, September 30. Proceeds benefit the foundation's support of the Children's Discovery Garden at the park.

Contest festivities begin on opening night, Friday, October 21, with a kick-off party for participants. A team of celebrity judges will select the winning scarecrow displays. From October 21 through October 26, the public will also be able to view and vote for their favorites. People's Choice winners will be acknowledged and awarded prizes.

"The Scarecrows in the Park contest provides a fun and creative way for our community to celebrate the fall season, and we look forward to seeing the many inventive displays that our fellow community members design," said Bettie Zima, chairperson for the Lakes Park Enrichment Foundation. "Furthermore, the contest provides a great opportunity for local community members to raise awareness of their businesses or organizations by showcasing their brands with a personalized display."

In addition to the scarecrows contest, the festival will feature a pumpkin patch, bounce houses, hayrides, Halloween Express train, face painting and concessions. Way Too Tall Torrie, a very tall scarecrow with a knack for balloon artistry, will be on hand as well.

The contest entry fee is a \$250 donation. Nonprofits can register for \$150. A donation of \$300 can also be made to sponsor a youth group, which will include entry for the group and \$50 for supplies.

Registration forms are available online at [LakesParkEnrichmentFoundation.org](http://LakesParkEnrichmentFoundation.org). School or youth groups interested in participating should contact Bettie Zima at [Scarecrows@LakesPark.org](mailto:Scarecrows@LakesPark.org).✱



Ada's Natural Market won 2015 Best Business Created Display for "You Are What You Eat"

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Get your stretch on at Yoga on the Beach Saturday on Fort Myers Beach

photo courtesy Becky Lang

## Along The River

The historic **River District** in downtown Fort Myers comes alive artistically during **Art Walk** this Friday, August 5 from 6 to 10 p.m. and Saturday from 11 a.m. to 4 p.m. The two time slots give artists the opportunity to showcase their work.

More than 14 galleries open their doors to show off art in a variety of mediums. On Fridays, First Street is closed to traffic and artists set up in the street to sell their work. Other activities include face painting and a "make it/take it" table for children of all ages. Saturdays invite a more leisurely stroll among the galleries.

The Art Walk spans the core of downtown Fort Myers and includes the Gardener's Park area and West First Street. The family-friendly walk is free, as

is street parking. The event is held rain or shine. Pets are welcome.

For directions, a list of participating galleries and other information, visit [fortmyersartwalk.com](http://fortmyersartwalk.com).

**Arts for ACT Gallery** in the **downtown Fort Myers River District** will hold an opening reception from 6 to 10 p.m. this Friday, August 5. It will feature works by Isabel Squires and Gayle Smock.

A native of Costa Rica, Squires' work includes still life, landscapes and portraits. Her subjects have exaggerated eyes, and the application of vibrant colors and use of trees, flowers and plants from Central America define Squires' passion and style.

Smock is a full-time professional artist who is originally from the Chicago area. She has degrees from the American Academy of Art, the Art Institute and the Illinois Institute of Technology and Design. She currently hosts the Art Social Group



It's all about bacon at South Cape Baconfest Saturday

photo courtesy owall.net

at the SHARE Club at Wa-Ke Hatchee in South Fort Myers.

The exhibit will be on view through Monday, August 29. Arts for ACT Gallery is located at 2265 First Street

A **member exhibit** at the **Alliance for the Arts** will kick off with an opening reception this Friday, August 5 from 5 to 7 p.m. The exhibit will be on display until Saturday, September 3.

Roughly 1,200 Alliance members have been invited to contribute one piece of artwork apiece with the theme "habitats" in the Main Gallery.

The Alliance for the Arts is located at 10091 McGregor Boulevard, just south of Colonial Boulevard in Fort Myers. Visit [artlinee.org](http://artlinee.org) for more information.

Yoga exercises via instruction on the sand of **Fort Myers Beach** are back.

Join local instructor Becky Lang for **Yoga on the Beach** every Saturday morning during the month of August, including this Saturday, August 6. Classes run from 8:30 to 9:30 a.m. in front of the Edison Beach Hotel just north of the pier.

This will be a Level 1 flow class, suitable for most people. No pre-registration is required; participants should arrive at the beach a little before 8:30 a.m. each morning with a yoga mat, sunscreen and water. Hourly parking is available nearby in the Times Square area.

The suggested cash donation is \$10.

For more information, contact instructor Becky Lang at 791-6538 or [beckylang@comcast.net](mailto:beckylang@comcast.net). To learn more, visit [www.beckylang.com](http://www.beckylang.com).

**South Cape Baconfest** will tickle your taste buds this Saturday, August 6 from 7 to 11 p.m. More than 1,000 bacon aficionados will ride exclusive trolleys to visit **12 South Cape Coral locations**. At each stop, they'll enjoy a unique drink and appetizer samples.

Presented by South Cape Hospitality and Entertainment Associations, the popular event is limited to 1,200 attendees, due to the annual Baconfest Trolley Tour always being a sellout. Tickets are \$25 in advance, and can be purchased at any participating location, at the Chamber of Commerce or online via SCHEA's Eventbrite page. Designated driver tickets are available in advance at BackStreets Sports Bar. On the day of the event, tickets – if still available – can be purchased at the check-in booths at Big John Plaza or Club Square for \$30.

Attendees can also win prizes while answering trivia questions on the trolleys. Prizes include trinkets and schwag from area businesses, as well as gift cards to participating locations. Many locations also feature live music, karaoke, darts, pool and other entertainment.

Participating locations and fare include BackStreets Sports Bar (Jalapeno Bacon Margarita and BLT dip); Cape Coral

Brewing Co (Yacht Club Cream Ale and candied bacon bites); Cruiser's Lounge (Cruisers Juice Bar and Quiche Lorraine); Dixie Roadhouse (Dixie Breakfast and bourbon candied bacon); Monkey Bar & Steakhouse (Grape Neon Punch and bacon mac-n-cheese); Noela Chocolate (Wicked Rum Punch with Coconut Bacon Salt and candied bacon bark); Paradise Pizza & Parlor (AmberBock and bacon pizza); Rack'em Billiards (When Pigs Fly: bourbon, ginger ale and bacon syrup and Piggly Wiggly, a mini sausage in bacon syrup); Ralph's Place (Killer Punch and bacon wrapped sweet and spicy jalapeno peppers); Tiki Hut @ Dolphin Key Resort (Bacon Bluddy Mary and BLT); Tubby's City Hangout (Miss Piggy Punch and bacon parmesan popcorn); and Two Amigos Bar & Grill (Mexican Breeze and bacon wrapped shrimp).

Check-in booths are open from 6 to 7:30 p.m. Booths are located at Club Square (near center square) and Big John Plaza (near Pinch-a-Penny). Late check-in is available. After 7:30 p.m., ticket holders can check-in at Dixie Roadhouse or Cruiser's Lounge.

For additional information, send an email to [southcapehea@gmail.com](mailto:southcapehea@gmail.com)

Need a place to jam out on Sundays?

**Buckingham Blues Bar** offers an **Open Stage Blues Jam** from 3 to 6 p.m. each Sunday. Bring your musical instrument and other talent to the 5641 Buckingham Road pub with a beer-drinking mule in the back property. The jam is hosted by Tommy Lee Cook, who also offers the open mic event on Wednesdays from 8 to 11 p.m.

Politically minded people beware. The **Lee Republican Women Federated** will welcome **local school board candidates** to their dinner meeting at Pinchers – The Marina at Edison Ford on Monday, August 8. The evening begins with a 5:15 p.m. social, followed by dinner and the program.

Jeannie Dozier and Melissa Giovannelli, both running for School Board District 2; Cathleen O'Daniel Morgan and Chris Quakenbush, both seeking the School Board District 7 post; and Lori Fayhee and Chris Patrica, running for School Board District 3, will give remarks.

During the dinner, Doris Cortese and Nancy McGovern will address their respective campaigns for Republican Committeewoman and Ken Dobson will speak on his District 5 County Commissioner run.

The cost is \$25 per person. RSVP by visiting [leerepublicanwomen.com](http://leerepublicanwomen.com), by calling Wren Morefield at 270-210-1284 or by emailing [wrenspet@hotmail.com](mailto:wrenspet@hotmail.com) before Thursday, August 4 at noon.

Pinchers – The Marina at Edison Ford is located at 2360 West First Street in Fort Myers.✽



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# FORT MYERS FARE

## Dining From Downtown's Historic River District To The Beaches

For more information, check out our advertisers in this week's *The River Weekly News*

### COURTNEY'S CONTINENTAL CUISINE

Courtney's is a family business run by Executive Chef Dale, his wife Betty and their son, Courtney. The warm and welcoming bar is great for libations and lots of laughter. Relax in comfort with friends and enjoy discounted drinks and appetizers during happy hour, served from open to close daily. The dining room offers a wonderful dinner variety; if you're an early diner, be sure to check out the Sunset Dining Specials from 4 to 5:30 p.m. Summer hours are Tuesday through Thursday from 4 to 9 p.m. and Friday and Saturday from 4 to 10 p.m.

20351 Summerlin Road (across from Sanibel Outlets in Publix Sanibel Beach Place), Fort Myers. Call 466-4646

### DOC FORD'S RUM BAR & GRILLE

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels.

It's a well-known gathering place with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated grilled chicken sandwich and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

708 Fisherman's Wharf, Fort Myers Beach. Call 765-9660.

### ICHIBAN

Ichiban is a downtown favorite for Chinese and Japanese cuisine. The name means "Number One" in Japanese and offers its customers the perfect balance of great quality and affordable prices. Ichiban has been family owned and operated for 11 years and its enduring popularity is a testament to its exceptional, friendly service.

1520 Broadway #106, Fort Myers. Call 334-6991.



Il Cielo features an upscale casual atmosphere at 1244 Periwinkle Way on Sanibel

photo by Bob Petcher

### IL CIELO

Il Cielo offers creative American cuisine and internationally inspired specials in an upscale casual atmosphere. From locally caught fish, American lamb and grass-finished beef to farm-fresh organic produce, there is a thoughtfully prepared dish on the menu for everyone.

Il Cielo is located at 1244 Periwinkle Way on Sanibel and open Tuesday through Saturday from 4:30 to 9 p.m. Happy hour is from 4:30 to 6 p.m. and features signature small plates, appetizers and half-priced house wines, domestic beers and well drinks. Enjoy live piano music by Scott McDonald on Wednesday, Thursday, Friday and Saturday nights, beginning at 7 p.m.

Call 472-5555 for reservations.

### IL TESORO

Il Tesoro serves authentic Italian food "with the taste and feel of a Tuscan holiday," according to owner Chef AJ Black. He infuses flavors from the old world to the new world of cooking using only fresh seasonal ingredients to bring his dishes to life. Daily specials focus on pairing authentic meals with a bold array of fine Italian wines.

Il Tesoro (The Treasure) serves dinner seven nights a week from 5 to 10 p.m. 751 Tarpon Bay Road, Sanibel. Call 395-4022.

### ISLAND COW

Where can you go when you're in the "moood" for some great cookin', local fun and prices that won't make you lose the farm? Try Island Cow on Sanibel.

Island Cow is an airy bistro with French doors leading out to the front and back patios. It is open daily for breakfast, lunch and dinner. Dine under the stars while you listen to live music on one of Sanibel's only al fresco eating porches.

2163 Periwinkle Way, Sanibel. Call 472-0606.

### JACARANDA

The Jac, as it is known to regulars, has been serving excellent seafood for three decades and offers the best of two worlds: dining room seating or dinner under the stars in the screened garden patio. The patio lounge is home to some of the best nightlife on the islands, seven nights a week. Bands include Renata, Wildfire Blues Band and Cruzan Vibes' reggae on the weekends.

The patio lounge menu includes a selection of "happy apps" starting at \$5.95 and half price drinks during happy hour, 5 to 7 p.m.

Dinner reservations are suggested. 1223 Periwinkle Way, Sanibel. Call 472-1771.

### STANDARD RESTAURANT

The Standard Restaurant offers legendary food, cocktails and hospitality in a relaxed atmosphere. The combination of iron beams, old brick walls and thick wooden table tops add to the restaurant's ultra-modern feel. Noted executive chef Katlyn Johnson serves fresh home-cooked style dishes from her "made from scratch" kitchen.

The Standard Restaurant is open six days a week, serving lunch and dinner each day from Tuesday through Sunday as well as brunch with bottomless mimosas on Saturdays and Sundays.

1520 Broadway, Fort Myers, 219-6463.✱

Read us online at [IslandSunNews.com](http://IslandSunNews.com)

### OPEN

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# Churches/Temples

**ALL FAITHS UNITARIAN CONGREGATION (UUA)**  
2756 McGregor Boulevard, Fort Myers. Sunday Services 9 and 11 a.m., Adult Education Workshop 10 a.m., Reverend Margaret L. Beard, Minister. 226-0900. [www.allfaiths-uc.org](http://www.allfaiths-uc.org)

**ALL SAINTS BYZANTINE RITE CATHOLIC CHURCH**  
10291 Bayshore Road, North Fort Myers Divine Liturgy Sunday 10:30 a.m.; Rosary begins 10 a.m. Lenten services (Presanctified Liturgy) will be on Wednesday evenings at 6 p.m. starting February. Very Reverend Peter Lickman, 305-651-0991. Church of the Eastern Catholic or Byzantine Rite, 1.5 mi. east of Interstate 75.

**ANNUNCIATION GREEK ORTHODOX CHURCH**  
8210 Cypress Lake Drive, Fort Myers Reverend Fr. Dean Nastos, Proistamenos Orthros Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., [www.annunciation.fl.goarch.org](http://www.annunciation.fl.goarch.org), 481-2099

**BETH SHILOH MESSIANIC SYNAGOGUE**  
15675 McGregor Boulevard. Rabbi Judah Hungerman. Friday Service, 8 p.m., Saturday Service, 11 a.m. Shabbat School Saturday Morning, Adult Hebrew Classes. Call for information 437-3171

**BREAD OF LIFE MINISTRIES CHURCH OF GOD**  
16581 McGregor Boulevard, 267-3166 Just past the Tanger Outlet Mall. Pastor Barry Lentz, 281-3063. Sunday Worship, 10:30 a.m., Wednesday Bible Study, 7 p.m.

**CHABAD LUBAVITCH OF SW FLORIDA ORTHODOX**  
5620 Winkler Road, Fort Myers. Rabbi Yitzchok Minkowicz. 433-7708, [rabbi@chabadswf.org](mailto:rabbi@chabadswf.org). [www.chabadswf.org](http://www.chabadswf.org). Friday service 6:30 p.m.; Saturday Kabbalah class 9 a.m.; Shacharit 10 a.m.; Kiddush at noon. Minyan Monday and Thursday 7 a.m.

**CHAPEL OF CYPRESS COVE**  
10200 Cypress Cove Circle Fort Myers 850-3943, Located at Cypress Cove Retirement Center on HealthPark Campus An ecumenical non-denominational community of believers. Sunday Worship Service, 10 a.m.; Wednesday Bible Study, 7 p.m. Reverend Ted Althouse, Pastor [revtedalthouse@aol.com](mailto:revtedalthouse@aol.com)

**CHURCH OF THE CROSS**  
13500 Freshman Lane; 768-2188. Pastor Bud Stephens; A nondemonimational church emphasizing a personal relationship with Jesus Christ. Sunday Service: 9:15 a.m. Traditional, 10:45 Contemporary.

**CONGREGATIONAL CHURCH**  
1619 Llewellyn Drive Fort Myers. Just off McGregor across from the Edison/Ford Winter Estates 334-4978, Pastor Douglas Kelchner, Worship times Sunday's 10:30 a.m. Website: [www.taecc.com](http://www.taecc.com)

**COVENANT PRESBYTERIAN CHURCH**  
2439 McGregor Boulevard, 334-8937 Reverend Dr. Jeffrey DeYoe, Senior Pastor Reverend David Dietzel, Pastor Emeritus. Traditional Sunday service 10 a.m. Nursery available.

**CYPRESS LAKE BAPTIST CHURCH**  
8400 Cypress Lake Drive, Fort Myers, 481-5442 Randy A. Alston, Reverend. Sunday Services: Bible study, 9:45 a.m. Morning Worship, 11 a.m., Evening Worship, 7 p.m., Wednesday Prayer Meeting, 6:30 p.m.

**CYPRESS LAKE PRESBYTERIAN CHURCH**  
8260 Cypress Lake Drive, Fort Myers, 481-3233. [www.clpc.us](http://www.clpc.us). Clint Cottrell, Pastor. Prayer Service 8 a.m., Praise 9 a.m., Children's Church 9 a.m., Traditional 11 a.m. Summer Prayer Service 8 a.m.

Combined Traditional/Praise 10 a.m.

**CYPRESS LAKE UNITED METHODIST CHURCH**  
8570 Cypress Lake Drive, Fort Myers, 482-1250, 8 and 11 a.m. Sunday Traditional Service 9:30 a.m. Praise Service Sunday School all times.

**FAITH FELLOWSHIP WORLD OUTREACH MINISTRIES**  
6111 South Pointe Boulevard, Fort Myers, 278-3638. Sunday Worship, 10:30 a.m.; Voice of Faith, WCRN 13.50 AM Radio, Sunday, 1:30 p.m.; Thursday Service, 7:30 p.m.; Friday Youth Service, 7:30 p.m. Nursery care for pre-school children and Children's Church ages 5 to 12 available.

**FAITH UNITED METHODIST CHURCH**  
15690 McGregor Boulevard, Fort Myers, 482-2030. Pastor David Stauffer. Traditional Service Sunday 8:45 a.m., Contemporary Service Sunday 10:30 a.m. Go south on McGregor Boulevard. The church is ½ mile past the intersection of Gladiolus and San Carlos Boulevard on the way to Sanibel.

**FIRST CHURCH OF CHRIST, SCIENTIST**  
2390 West First Street, next door to Edison Estates. 10:30 a.m. Sunday Service and Sunday School; 12 noon Wednesday Testimony Meeting. Child care provided at services. Reading Room located in church building for quiet study and information about Christian Science. Monday and Friday noon to 4 p.m., Wednesday 1 to 4 p.m. [christiansciencefortmyers.net](http://christiansciencefortmyers.net), [christianscience.com](http://christianscience.com)

**FIRST CHURCH OF THE NAZARENE**  
13545 American Colony Boulevard off Daniels Parkway in the Colony, Fort Myers, 936-2511 Pastor Reverend Joey Brummett Sunday School: 9:30 a.m.; Morning Worship, 10:30 a.m.; Sunday Evening, 6 p.m.; Wednesday Family Night, 7 p.m.

**FIRST UNITED METHODIST CHURCH**  
Downtown Fort Myers River District, 2466 First Street, 332-1152. [www.fumcftmyers.org](http://www.fumcftmyers.org). Sunday Services: 9:30 a.m. Sunday School; 10:30 a.m. Blended Church Service; 5:30 p.m. Youth Group.

**FORT MYERS CHRISTIAN CHURCH (DISCIPLES OF CHRIST) A STEPHEN MINISTRIES CONGREGATION**  
5916 Winkler Road, Fort Myers, 437-4330 Pastor Reverend Mark Condrey. Sunday Worship 10:30 a.m., Church School 9:15 a.m.

**FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;**  
8210 College parkway, Fort Myers, 482-3133. Reverend Anton DeWet, pastor. Morning Worship: 10 a.m., Church School: 10:15 a.m. Friendship Time follows worship.

**IONA-HOPE EPISCOPAL CONGREGATION**  
9650 Gladiolus Drive, Fort Myers 454-4778. Reverend Ray Buchanan Rector. Saturday 5 p.m., Eucharist with Healing; Sunday 8 a.m., Holy Eucharist, Rite One; 9:30 a.m., Family Eucharist with Healing and Church School. Tuesday 9:30 a.m., Morning Prayer (in Spanish); Wednesday 9:30 a.m., Eucharist with Healing. Child care available Saturday 5 p.m. and Sunday 9:30 a.m. services.

**JESUS THE WORKER CATHOLIC CHURCH**  
881 Nuna Avenue, Fort Myers, 481-1143 Masses Friday and Saturday, 7 p.m.; Sunday, 8 and 10 a.m. and 6 p.m.

**KINGDOM LIFE CHURCH**  
2154 McGregor Boulevard, Fort Myers, 218-8343. Pastor Randy and Anita Thurman. 10:30 a.m. Sunday Service.

**LAMB OF GOD CHURCH**  
A few federated Lutheran (ELCA) and Episcopal Congregation. 19691 Cypress View Drive, Fort Myers. 267-3525. [www.lambofgodchurch.net](http://www.lambofgodchurch.net). Reverend Dr. James Reho. Sunday 7:45 and 10 a.m. Sunday's Cool for Children 10 a.m.

**NEW BEGINNINGS CENTER**

New Home Church, 8505 Jenny Cae Lane, North Fort Myers, 656-0416. Weekly Friday meeting meet and greet 6:30 p.m.

Kingdom Teaching 7 p.m. Fellowship and refreshments. [nbcministry@embarkmail.com](mailto:nbcministry@embarkmail.com), [www.facebook.com/nbcministry](http://www.facebook.com/nbcministry). Alex and Patricia Wiggins, Ministers

**NEW COVENANT EYES CHURCH**  
See Clearly. Meeting monthly at 9 a.m. at the Elks Lodge. 1900 Park Meadows Drive, Fort Myers. 220-8519. Pastor Alan Bondar. [www.newcovenanteyes.com](http://www.newcovenanteyes.com). LIFT Kidz program, free coffee and donuts.

**NEW HOPE BAPTIST CHURCH OF FORT MYERS**  
16120 San Carlos Boulevard, Unit 10. 985-8503. 9:45 a.m. Sunday School for all ages. 11 a.m. Sunday Morning Worship. 7 p.m. Wednesday Evening Bible Study.

**NEW HOPE PRESBYTERIAN CHURCH**  
3825 McGregor Boulevard. Fort Myers. Pastor Eddie Spencer. 8 and 9:30 a.m. Traditional Worship. 11 a.m. Contemporary Worship. 8, 9:30 and 11 a.m. Sunday School. Youth and Children's programming runs concurrent to Sunday services. Nursery care provided at all services. 274-1230. [www.newhopefortmyers.org](http://www.newhopefortmyers.org).

**PEACE COMMUNITY CHURCH**  
Fort Myers Beach Masonic Lodge. 17671 Pine Ridge Road. 267-7400 Pastors, Gail and RC Fleeman. Adult Discussion Classes 8:45 a.m. Countdown to Worship 10:10 a.m. Amazing Grace Worship: 10:30 a.m. [www.peacecommunitychurch.com](http://www.peacecommunitychurch.com).

**PEACE LUTHERAN CHURCH**  
Sunday Worship at 9:30 a.m. Peace a member of ELCA. Weekly communion with traditional liturgy, organ and choir. 15840 McGregor Boulevard, Fort Myers, on the way to Sanibel. 437-2599, [www.peaceftmyers.com](http://www.peaceftmyers.com), [peace@peaceftmyers.com](mailto:peace@peaceftmyers.com).

**REDEEMER LUTHERAN CHURCH**  
3950 Winkler Ext., Fort Myers, 274-0143 8:15 and 10:15 a.m. Sunday Services Daily early learning center/day care.

**RIVER OF LIFE ASSEMBLY OF GOD**  
21580 River Ranch Road, Estero. 495-0400, Senior Pastor Todd Weston. 8 and 9:45 a.m. Services; 11:30 a.m. Legacy Service, multi-generational.

**SAMUDRABADRA BUDDHIST CENTER**  
Meditation classes. Guided meditations, methods to relax body and focus mind on virtuous objects. Bring peace and happiness into daily activity. 567-9739. [www.MeditationInFortMyers.org](http://www.MeditationInFortMyers.org).

**SAINT COLUMBKILLE CATHOLIC CHURCH**  
12171 Iona Road, Fort Myers, off McGregor and north of Gladiolus. 489-3973. Father Lorenzo Gonzalez. Monday 6:30 p.m., Tuesday through Saturday 8 a.m. Saturday 4 p.m.; Sunday 8, 10 a.m. and 5:30 p.m. Reconciliation Saturday 9 a.m. or by appointment.

**ST. FRANCIS XAVIER CATHOLIC CHURCH**  
2157 Cleveland Avenue, Fort Myers, 334-2161. Masses: Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 12:15, 4 Creole and 6 p.m.

**SAINT JOHN THE APOSTLE METROPOLITAN COMMUNITY CHURCH**  
3049 McGregor Boulevard, Fort Myers, 344-0012. Pastor Reverend Steve Filizzi. An Affirming and Inclusive Congregation Sunday Services 10 a.m.

**SAINT MICHAEL LUTHERAN CHURCH & SCHOOL (LCMS)**  
3595 Broadway, Fort Myers, 939-1218, Worship: Saturday 5:30 p.m., Sunday 8 and 10:45 a.m. Bible Study for adults and children Sunday at 9:15 a.m.

**SAINT PETER LUTHERAN CHURCH**  
3751 Estero Boulevard, Fort Myers Beach, 463-4251, [www.stpeterfmb.com](http://www.stpeterfmb.com).

Sunday worship service at 9:30 a.m.

**SAINT NICHOLAS MONASTERY**  
Church and Bookstore. 111 Evergreen Road (southwest corner of Evergreen Road and Gail Street.) Liturgical services conducted in English and Church Slavonic; following the Julian (Old) Calendar. Liturgical Services Sundays and Holy Days 9:30 a.m. Holy Liturgy 0 a.m. Call to confirm service schedule: 997-2847; Bookstore 691-1775. [www.saintnicholasmonastery.org](http://www.saintnicholasmonastery.org).

**ST. VINCENT DE PAUL CATHOLIC COMMUNITY**  
13031 Palm Beach Boulevard (3 miles east of I75) East Fort Myers (across from Fort Myers Shores) 693-0818. 9 a.m. Tuesday through Friday. 4 p.m. Saturday, 9 and 11 a.m. Sunday.

**SOUTHWEST BAPTIST CHURCH**  
16940 McGregor Boulevard, Fort Myers, 454-3336. Robert G. Kasten Pastor. Sunday 11 a.m. Nursery 9:45 a.m. Sunday School all ages. Junior Church grades one to five. Wee Church Pre-K to K. Evening Service 6 p.m. Wednesday Service 6 p.m.

**TEMPLE BETHEL SYNAGOGUE**  
16225 Winkler Road Fort Myers. 433-0018, [www.templebethel.com](http://www.templebethel.com). [rabbi.barras@templebethel.com](mailto:rabbi.barras@templebethel.com). Rabbi Jeremy Barras, Cantor Victor Geigner, Religious School Director Dale Cohen, Learning Tree Director Jesyca Virnig, Office Manager Inna Vasser. Union For Reform Judaism Shabbat Service Friday 7:30 p.m., Torah Study Saturday 9:30 a.m. Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. Learning Tree Monday through Friday.

**TEMPLE JUDEA (CONSERVATIVE)**  
14486 A&W Bulb Road, Fort Myers, 433-0201, Rabbi: Rabbi Marc Sack Minyan: Monday at 9 a.m. Religious Education: Sunday mornings and Wednesday evenings. Services Friday 6:30 p.m. and Saturday 9 a.m. [www.tjswfl.org](http://www.tjswfl.org).

**THE NEW CHURCH**  
The New Church of SWFL, 10811 Sunset Plaza Circle #401, behind Zoomers. Reverend Gabriella Cahaley. Sundays 11 a.m. during the season. Other worship events on Fort Myers Beach. <http://www.newchurchflorida.com>. 481-5535.

**UNITARIAN UNIVERSALIST CHURCH FORT MYERS**  
13411 Shire Lane (off Daniels Parkway one mile west of I-75). Minister The Reverend Allison Farnum. Sunday services and religious education at 10:30 a.m. 561-2700. [www.uucfm.org](http://www.uucfm.org).

**UNITY OF BONITA SPRINGS**  
28285 Imperial Street, Bonita Springs. 947-3100. Family Service 10 to 11 a.m. Healing Circle 11 a.m. Hospitality and Fellowship, 11 a.m. Inspiring lesson, uplifting and dynamic music, meditation in a loving environment.

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9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125. Senior Pastor Robert Brunson. Sunday 9:30 a.m. Sunday School for all ages. 11 a.m. Blended Worship. [www.westminsterfortmyers.org](http://www.westminsterfortmyers.org)

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7401 Winkler Road, Fort Myers. 481-4040. Pastor Curtis Deterding. Sunday 8 a.m. Traditional, 10:45 a.m. Blended, 9:30 a.m. Eductional Hour. [www.zionfm.org](http://www.zionfm.org)✽



## Poets Invited To Submit Works For Broadside's Exhibit In January

### Full of Florida

On this summer afternoon  
I've had my fill of Florida,  
My fill of alligator-friendly heat,  
Of red weather  
Bursting from the TV screen  
Into a dark angry clot  
Over our fail-safe houses  
And alien lawns — my fill  
Of violent venereal rain  
Fueling the overgrowth  
And overbuilding, the excess  
Of Paradise paved over.

On this ominous afternoon  
Lightning flashes  
In diabolical sync  
With the signs on Tamiami.  
Inside my conditioned  
Condo cocoon, outages blink  
Off and on, off and on,  
Urging me to evacuate  
Before the unborn mosquitoes  
Get to beat their wings  
And the mouth of red weather  
Swallows me whole.

A broadside entitled *Full of Florida*

images courtesy Alliance for the Arts

The Alliance for the Arts is issuing a call to poets for its 4th annual Broadside's: Poetry off the Shelf event scheduled for January 12. Selected poems will be compiled into an anthology and given to visual artists who will each choose one to draw inspiration from. The artists' final pieces will then be digitized and merged with the poems, and those broadsides will be printed, exhibited and for sale during the event and afterwards.

Broadsides are a form of written communication, typically designed to be posted in a public place. Traditionally, broadsides contain a mixture of text and images. From the 1600s to the early 20th century, this visual medium was used to



### Sepia Memories

Blue Chevys with rumbles of red.  
A grimace of railroad tracks  
scissoring narrow pitted streets.  
Hopscotch-scratched sidewalks.

Opera breaking through  
embroidered curtains  
on to peeling porches,  
pinned with American flags.

Men beneath chestnut trees  
straddling kitchen chairs.  
Women with pillowed chests  
and pockets of rosaries & treats.

Saint Rocco's statue,  
body chipped and fading,  
keeping a watchful eye  
over all.

### Broadside poets/artists are being sought for the January 12 readings

convey information, issue proclamations, make revolutionary statements, or publish the lyrics to poetry and songs. The Declaration of Independence was first printed as a broadside.

To be eligible for entry, poets must be able to attend the Broadside event on January 12, when poets will read their works and artists will discuss their creative process. Poets chosen to participate will be notified early this October. For details, or to submit your work online, visit [artinlee.org/broadsides](http://artinlee.org/broadsides).

The Alliance for the Arts campus and galleries are open to the public from 9 a.m. to 5 p.m. Monday through Friday and from 9 a.m. to 1 p.m. on Saturdays, located at 10091 McGregor Boulevard just south of Colonial Boulevard in Fort Myers. ✨

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# Shiners Just Make Everything Better



by Capt. Matt Mitchell

Mangrove snapper madness continues, with the bite being as good as it gets all year. These hard fighting, fun to catch fish are being caught all through the region

from the ledges, rock piles and wrecks just out from the beaches, in the passes, on hangs in the sound and all the way into the back country. Even while flats fishing for trout and Spanish mackerel, we have been catching mangrove snapper. All summer long, they are my go-to species when clients want to take home fillets. No matter what the tide, mangrove snapper are as close as it gets to guaranteed summer fishing action.

To locate mangrove snapper and get them swarming as they feed on the surface requires some chumming of live shiners. Watching them chase

down shiners is almost as entertaining as catching them as they will jump clear out of the water when fired up into a frenzy. Clean water shallow grass flats just inside the passes have been loaded with shiners. Once the sun is up, you can find these shiners by locating diving pelicans; some mornings they have been so thick, you didn't even need to chum. There are some threadfins and pinfish in the bait mix, but over the last few weeks, these shiners have become noticeably larger. I'm still throwing my small mesh 1/4-inch cast net to make clean up easy.

Redfish action was still very consistent this week, although it took a little more time and effort than snapper fishing. Morning high tides gave anglers a couple of hours' window to fish a near perfect redfish set-up. Regla Island and Maceiver Keys both held redfish during the high tide periods, although I'm sure most mangrove shorelines had them if you tried. No one spot was better than another from day-to-day, and if you sat for longer then 10 minutes without a bite, it was time to move down the shoreline. Concentrate your efforts on the wind-blown side of the mangrove islands while fishing the points and shorelines close to the cuts. You could often move down almost a entire shoreline before you



Elena Gonzalez from Atlanta, Georgia with a keeper redfish caught while fishing with Capt. Matt Mitchell this past week

found where the redfish were sitting, then catch two or three on as many casts. Tail-hooked small to medium free-lined pinfish fished as deep to the roots as you could cast did best.

Open water flats fishing continues to be great mixed bag action, with a non-stop variety of fish. Channel edges where the sand and grass mix close to the passes proved to be the better flats bite due to the clean water and better tide movement. Chumming live shiners just made everything better with trout, mackerel, ladyfish, jacks, sharks and

snapper all enjoying the buffet. I'm often returning to the same general areas where I've caught my bait first thing in the morning, and just fishing the deeper water. With so much bait around on these flats, it's no wonder there is so much other activity here.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).\*

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## Plant Smart

## Black Torchwood

by Gerri Reaves

**B**lack torchwood (*Erithalis fruticosa*) is a multi-branched native evergreen shrub that is listed as threatened in the State of Florida due to its rapidly declining numbers.

Its native wild habitats include coastal hammocks, beaches and pine rocklands.

The term torchwood as well as another common name, candlewood, refer to the resinous wood, which can be used for torches in hunting land crabs.

This member of the coffee family has a moderate growth rate and reaches about eight feet tall.

The fruit and foliage provide food and cover for wildlife. The smooth brown bark is sometimes streaked.

The opposite oval leaves are one to two inches long, dullish medium green, and slightly pointed.

Clusters of showy star-like flowers bloom in the leaf axils most of the year and are a nectar source for butterflies.

The tiny round fruit ripens from red to shiny black and is a food source for birds.



Black torchwood is listed as a threatened species in Florida

photos by Gerri Reaves

Use black torchwood as an accent plant, buffer, privacy screen or hedge. Plant it in full sun for the fullest foliage, or in partial shade.

It is drought- and salt-tolerant and works well in coastal landscapes.

It can be propagated with seeds.

The species has many traditional

medicinal uses in the Caribbean region. Teas made from the plant treat hemorrhoids and measles, and they are used as a diuretic too.

You'll likely find it only at native-plant nurseries.

Sources: *Florida Native Plants* by Robert G. Haehle and Joan Brookwell,



The spent flowers and developing fruit of black torchwood

*Florida Plants for Wildlife* by Craig N. Huegel, *Trees of Everglades National Park and the Florida Keys* by George B. Stevenson, *Waterwise* by SFWMD, [fnps.org](http://fnps.org), [levypreserve.org](http://levypreserve.org) and [regionalconservation.org](http://regionalconservation.org).

*Plant Smart* explores the diverse flora of South Florida.✱

## Manatee Deaths Near Record

submitted by Katie Tripp, PhD, director of Science & Conservation, Save the Manatee Club

**T**he number of watercraft-related manatee deaths has been ticking steadily upward since the start of the year to the point where there may be a new record posted in 2016.

The current record for manatee watercraft deaths was set in 2009. That year, through mid-July, there were 58 manatees killed by boats in Florida waters. This year, through that same time period, 67 manatees have died from this cause. The number of watercraft-related rescues this year has also been higher than average. During the full 2009 year, 97 manatees in Florida were killed by boats. With more than 5 months left this year, it's highly likely that 2016 will be the new record year for manatee watercraft deaths.

Some will say that if there are more manatees, we should expect more to be struck and killed. We disagree. We believe that educated, compliant and watchful vessel operators are key.

Also this year, manatees along Florida's east coast are exposed to algal blooms in the Indian River Lagoon (IRL). In the north IRL, small numbers of manatees have once again started to die from an ongoing unusual mortality event that has killed more than 150 manatees and is believed to be tied to a loss of seagrass linked to algal blooms that started more than four years ago. In the southern IRL, manatees are swimming through putrid waters impacted by discharges from Lake Okeechobee. As in the north IRL, there are concerns that these prolonged blooms will shade and kill seagrass, eliminating the manatees' primary food source (and an important habitat for other marine species).

What to do with all this bad news? For boaters, we ask for their vigilance and compassion to make our water

safer for the rest of this year to stave off a new watercraft mortality record. We also ask citizens to stay engaged with manatee issues as we await the decision from the U.S. Fish and Wildlife Service regarding whether it will downlist manatees from endangered to threatened on the federal endangered species list. We firmly believe downlisting without better controlling the escalating threats is premature.

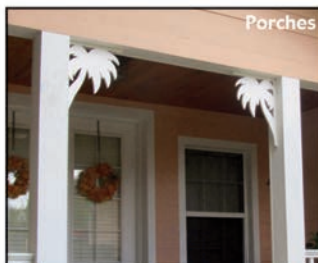
To heal our waters, we encourage citizens to sign the Floridians' Clean Water Declaration at [wewantcleanwater.com](http://wewantcleanwater.com) and the Now or Neverglades Declaration at [gladesdeclaration.org](http://gladesdeclaration.org). Then, contact your elected officials and ask for their commitment in safeguarding your local waters.

Be sure to contact Florida's governor, whose support for comprehensive protections of our statewide waters is pivotal. We encourage all citizens to get more involved with their local environmental groups and to share these issues with other civic and community groups, because dirty water and a sick environment not only threatens our environment, but also our health, economy and quality of life.

Most importantly, stay engaged, even when the blooms and news headlines disappear. We have a long road ahead of us to truly protect our waters, and we need everyone's sustained voice to get us there.✱



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## CROW Case Of The Week:

## Roseate Spoonbill



by Bob Petcher

The roseate spoonbill (*Platalea ajaja*) is one of the more pleasant looking birds in Southwest Florida. It could also be called odd-looking due to its bill.

That feature is mainly what sets it apart from the pink flamingo, which many Florida tourists confuse it by.

The large species of wading bird belongs to the ibis and spoonbill family. Like most wading birds, it has long, thin legs. What sets it apart is its color and spatula-shaped bill. It also has a featherless head.

Like the American flamingo, the roseate spoonbill generally has a bright pink plumage that is derived from its diet of shrimp and other pigment-related crustaceans. Its colors can range from pale pink to bright magenta, depending on age and location. They also feed on plants, aquatic insects, frogs and newts, but their primary food source – 85 percent of its diet – is small fish such as minnows. Feeding grounds include shallow fresh water or coastal waters. Feeding processes for the spoonbill involve a swinging of its bill from side to side as it steadily

walks through the water. The curved bill allows it to sift easily through mud and to strain small food items out of the water.

Roseate Spoonbills have an average longer wingspan (47 to 52 inches) than its body length (28 to 34 inches). Unlike herons, they fly with their necks outstretched. Their wing beats alternate between shorter, shallow flutters and gliding flaps.

You can usually find spoonbills in groups or solo at the JN “Ding” Darling National Wildlife Refuge, a popular place on Sanibel to observe all types of birds. Otherwise, the spoonbill can be found around other spots on the Gulf Coast all the way down to the southern tip of South America.

The roseate spoonbill is one of six different spoonbills, but its particular species is the only one found on the Western Hemisphere. Locally, they are apt to nest in mangroves and lay an average of two to five eggs. Juvenile spoonbills have white, feathered heads, while their pink plumage is often paler.

On July 26, a roseate spoonbill was brought to CROW after it was found unable to fly on a Cape Coral golf course. Medical officials took x-rays, which showed a carpometacarpal (similar to wrist joint) fracture of the left wing, and orthopedic surgery was performed last Thursday to repair the fractures.

“Surgery went well with no major complications,” said Dr. Heather Barron. “Pins were placed at the fracture sites. It will take approximately



The roseate spoonbill post-surgery with his repaired wing taped

photos by Kenny Howell

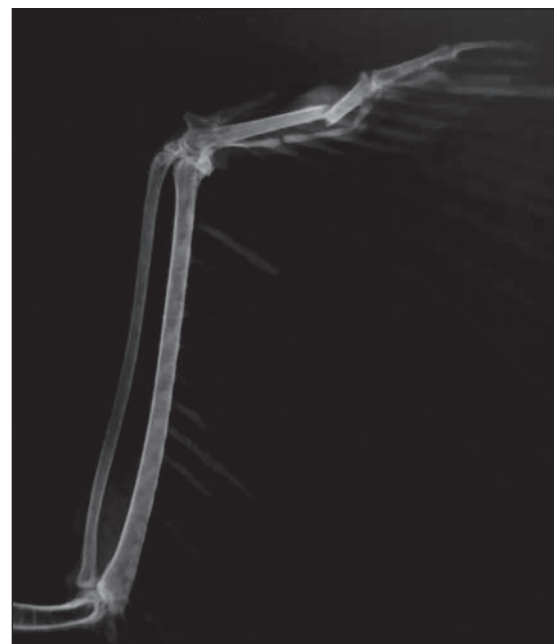
three to four weeks until the fracture is healed.”

Other than the bad wing, the roseate spoonbill was reportedly healthy. Before examination, it weighed in at 3.3 pounds, which is the relatively average weight of an adult spoonbill (2.6 to 4 pounds).

Dr. Barron stated the complete rehabilitation will take six to eight weeks, if everything goes as planned. The process will include removal of the pins once the fracture heals and relocation to an outdoor enclosure “to allow more space to encourage wing movement and reduce stress.”

Once fully recovered, CROW officials and volunteers will release the roseate spoonbill in a safer area from where it was rescued.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).



X-ray of roseate spoonbill

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From page 1

## Poster Contest

festival weekend, and continuing throughout the year. The selected artist also receives free booth space at the festival, a complimentary three-night stay at the host hotel, plus an invitation to ArtFest Fort Myers 2018.

Submissions must represent original artwork in a theme that reflects Southwest Florida and appeals to a broad audience. Entries are being accepted through Friday, August 19. Images can be submitted by email.

For more information, visit [ArtFestFortMyers.com](http://ArtFestFortMyers.com) and click on Poster Contest or call 768-3602.

Proceeds from poster and T-shirt sales help support ArtFest Fort Myers' art education outreach programs and the Newspaper in Education Program at The News-Press.

ArtFest Fort Myers will take place February 3, 4 and 5 in the Fort Myers River District.✪



## Birds Are The Focus Of 'Ding' Darling Days

In addition to celebrating Jay Norwood "Ding" Darling's 140th birthday and National Wildlife Refuge Week, this year's "Ding" Darling Days from October 16 through October 22 acknowledges the centennial of the convention between the U.S. and Great Britain (representing Canada) for the protection of migratory birds.

### The Migratory Bird Treaty Was Signed On August 16, 1916

The 27th annual "Ding" Days at the refuge will focus on birds.

"That's not at all difficult, since the refuge is known worldwide for its more than 250 bird species," said Toni Westland, supervisory refuge ranger and committee co-chair for "Ding" Days. "We urge bird- and refuge-lovers to share the birdyear hashtag on their social media postings throughout the year."

Family Fun Day, which traditionally kicks off the week with free activities, will feature live bird presentations on Sunday, October 16. The day includes complimentary tours, archery clinics, hot dogs, a touch tank, butterfly house, Jim Sprankle bird-carving demos and kids' nature crafts and bird games.



Free programs will focus on bird topics such as the refuge's reddish egret study and the history of the feather wars plume trade. On Thursday, October 20, an International Bird Film Festival will air throughout the day. The refuge and Tarpon Bay Explorers will conduct birding tours and other free and discounted excursions throughout the week.

On Friday, October 21, Darling's official birthday, the refuge invites the public for free cake and the showing of the documentary *America's Darling*, starting at 11 a.m.

Conservation Art Day winds up the celebration on Saturday, October 22, with visits from four-time and current Federal Duck Stamp winner Joe Hautman and federal and state Junior Duck Stamp winners. Nature art workshops include a photography tram along Wildlife Drive.

The U.S. Fish & Wildlife Service, "Ding" Darling Wildlife Society-Friends of the Refuge and Tarpon Bay Explorers co-sponsor "Ding" Darling Days

Additional 2016 sponsors include: Roseate Spoonbill Sponsors: Doc Ford's Sanibel Rum Bar & Grille; Great Egret Sponsors: George & Wendy's Seafood Grille; Great Blue Heron Sponsors: Andrew Thompson Company, Bailey's General Store, Mike and Terry Baldwin, Wayne and Linda Boyd, Cedar Chest Fine Jewelry, Island Sun, Jerry's Foods, John and Beth Newland, Sanibel Captiva Community Bank, Sanibel-Captiva Beach Resorts, Jim and Patty Sprankle; Reddish Egret Sponsors: Karen Bell, Big Red Q Quickprint, Casa Ybel Resort, Jerry Edelman and Maryanne Daly, Sally and Rich Ennis, Phyllis Gresham, Jensen's on the Gulf and Marina & Cottages, Island Inn, Mitchell's Sand Castles & Forty/Fifteen Resorts, Stewart and Sons Insurance, Inc., Suncatchers' Dream, Sharon Tucker, West Wind Inn; Snowy Egret Sponsors: Barefoot Charley's Painting Co., John Brennan, The Butterfly Estates, Charlotte Harbor National Estuary Program, Colony Inn, Grounds by Green Ways, Island Management, Over Easy Café, Sanibel Art & Frame, *Santiva Chronicle*, George and Wendy Schnapp, Winston and Barbara Spurgeon, Tents and Events.

Visit [dingdarlingdays.com](http://dingdarlingdays.com) for information or contact Birgie Miller at 292-0566 or [director@dingdarlingsociety.org](mailto:director@dingdarlingsociety.org).

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# A Night Of Laughter And Camaraderie Raises \$55,000



Best Comics: Elaine Hawkins and Sandy Stilwell with celebrity comic Tom Chase  
photos provided



Emcee Marc Collins with celebrity comics Nancy McGovern of the Lee Memorial Hospital Board and Chris Cifatte, anchor of WINK-TV

Laughter rocked the Sidney & Berne Davis Art Center on July 25 as nine local celebrities took to the stage before a sold-out crowd in hopes of being named Lee County's Best Comic.

By the end of the night, the duo of Sandy Stilwell, CEO of Stilwell Enterprises, and Elaine Hawkins, president/CEO of Private Client Insurance Group, claimed the title after earning the greatest number of votes from attendees, who voted with their money. The duo of Stilwell and Hawkins raised more than \$10,000.

"We know we're not the best comics, but we're pretty good at raising money and that's what tonight is all about," Stilwell said. Stilwell and Hawkins then said they wanted to share the Best Comic trophy with Tom Chase, one of the other celebrity comics, whom they felt delivered an excellent comedic routine.

More than 200 people jammed the art center for the evening, themed Laughter Is the Best Medicine, and plunked down cash, checks and credit cards to vote for their favorite comic. A total of \$55,000 was raised for SalusCare, Inc., the region's largest provider of behavioral healthcare.

"We're thrilled with the community's response to Laughter Is the Best Medicine Comedy Night. It shows that folks will come out for a major event in the summer



Tom Cook with his daughter, Stacey Cook-Hawk, SalusCareCEO



Ginny Lazzara, professional comedian Michael Palascak and Sue Ackert



Celebrity comic Sheldon Zoldan, right, of the News-Press with his wife Denise





Celebrity comic Stephanie Davis and emcee Marc Collins

if it's fun and will benefit a good cause," said SalusCare Board Chair Marshall T. Bower, Esq.

The funds will be used to pay for outpatient psychiatry for children whose families can least afford care, Bower said. One in 10 children has serious mental health problems severe enough to impair how they function at home, in school or in the community, according to the National Center for Children & Poverty at Columbia University. Left untreated, mental illnesses can lead to more difficult to treat illnesses and to the development of co-occurring disorders.

Bower gave special thanks to professional comedian Michael Palascak who performed the grand finale while the votes were being counted. He also commended master of ceremonies Marc Collins, local interior designer, for keeping the program moving, as well as the sponsors and celebrity comics:

Other celebrity comics for the night were:

Tom Chase – Fort Myers "Country Lawyer"

Chris Cifatte – WINK-TV news anchor

Tom Cronin – Shell Factory general partner

Stephanie Davis – Downtown Diva

Brian Hamman – Lee County commissioner

Nancy McGovern – Lee Memorial Health System Board of Directors

Sheldon Zoldan – News-Press content strategist

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# Problems Galore As 2016 Olympic Games Open



by Ed Frank

The 2016 Olympic Games officially open today, Friday, amid a myriad of problems – the Zika threat being the No. 1 concern – raising legitimate questions whether the quadrennial showcase of athletes should have been moved from trouble-plagued Rio.

During the next two weeks, the Olympic Games hopefully will overshadow the toxic political climate in this country, despite the toxic environment where the games are being played.

For months leading up to the start of the Olympics, there have been concerns over pollution, traffic, security and lagging completion of housing for the athletes and the venues where the competition will be held.

Overshadowing all these issues is the Zika virus, which has prompted many top athletes to opt out of the games as protection for themselves and their families.

Local health officials in Rio have said they have the virus under control as there have been few, if any, cases in the last two weeks. But even a moderate outbreak during the games could have a global threat with athletes and visitors exposed to the disease from all corners of the world.

Just this week, 14 cases were confirmed in an area north of downtown Miami with health officials warning pregnant women to avoid that section of the city.

So a logical question arose: If a modern city such as Miami cannot control the spread of Zika, what makes you believe a sprawling, impoverished city in Brazil can control the virus?

It's not only the Zika virus that troubles the games. Some of the water sports are being held in polluted waters, early arriving athletes have complained about the unfinished and substandard housing and completion of a \$3.1 billion subway system to ease traffic in Rio still wasn't completed less than a week before the games began.

All of these problems and concerns have had a negative effect on travel to Rio for the games. An analyst for Adobe Digital Insights, a company that records travel, reported this week that about 80,000 airline bookings have been made from the United States to Rio, considerably less than the 2014 World Cup that also was held in Rio.

Despite all the negative publicity that has emanated out of Rio, we hope the 2016 Olympic Games are a success. There have been problems before nearly every Summer and Winter Olympic Games, and nearly all have resulted in success.

Yes, there are many, many political, environmental and safety problems in Rio, but the Brazilians showcased the 2014 World Cup. And it's likely they will do the same for the 2016 Olympic Games.

## Twins Max Kepler Joins Elite Company With Three-Homer Game

Three weeks ago, we wrote about the rookie success of the Minnesota Twins Max Kepler who attended South Fort Myers High School after emigrating from his native Germany.

Monday night against the Cleveland Indians, Kepler hit three home runs and drove in six runs in the Twins' 12-5 romp over the Indians.

It marked the fifth three-homer game in Twins history, and the first since Justin Morneau hit three against the Chicago White Sox on July 6, 2007. The other Twins to record three home runs in a single game were Bob Allison (1963), Harmon Killebrew (1963) and Tony Oliva (1973).

## Miracle Start Week Two Games Out Of First-Place

The Fort Myers Miracle baseball team began the week trailing first-place St. Lucie by two games in the Florida State League South Division.

Beginning Monday, the Miracle will have the opportunity to close the gap on St. Lucie when they begin a seven-game home stand at Hammond Stadium. They play each other Monday, Tuesday and Wednesday at 7:05 p.m.

Fort Myers began the week with a second-half season record of 20-18.✪

## Police Foundation Golf Invitational

Space is still available for golfers to take part in the Fort Myers Police Foundation's 3rd annual Golf Invitational on Monday, September 26.

The tournament will take place at Colonial Country Club, located at 9181 Independence Way in Fort Myers. Registration begins at 10:30 a.m. followed by lunch at 11:30 and a shotgun start at 12:30 p.m. The tournament will be followed by a cocktail hour at 5 p.m. and dinner at 6 p.m. with an awards presentation, silent auction and 50/50 raffle. There will also be a hole-in-one contest to win a two-year lease from Galeana Dodge.

The entry fee is \$200 per player and \$100 for a non-playing guest. Individual and corporate sponsorships range from \$1,500 to \$5,000.

All funds raised by the Police Foundation go toward purchasing life-saving equipment for the Fort Myers Police Department. Since its formation in 2014, the Police Foundation has raised \$150,000 that has gone toward purchasing medical kits for patrol cars, ballistic shields, electronic ear protection for shooting ranges, a firearms training simulator and other items.

"The men and women of the FMPD put themselves at risk each and every day to make our community safe, and we hold this annual fundraiser to provide the necessary safety equipment to help them return to their families each night," said Larry Romano, president of the Fort Myers Police Foundation.

For reservations or sponsorships, go to [www.fortmyerspolicefoundation.org](http://www.fortmyerspolicefoundation.org) or call 321-7740.✪

## SPORTS QUIZ

1. Cincinnati pitcher Aroldis Chapman set a major-league record in 2015 for fastest to reach 500 career strikeouts (292 innings). Who had held the mark?
2. The 1954 World Series featured the batting-average champions for each league. Name them.
3. Florida State set a record in 2015 for most NFL draft picks in a three-year period (29). What two schools had held the record of 28?
4. Name the last NBA rookie before Orlando's Elfrid Payton in 2015 to have back-to-back triple-doubles.
5. When was the last time before 2016 that the University of North Dakota won the Division I Men's Ice Hockey Championship?
6. Name the last person other than Lionel Messi or Cristiano Ronaldo to win the FIFA Ballon d'Or (top male soccer player in the world).
7. When was the last Kentucky Derby in which every horse entered had won a race as a 2-year-old?

## ANSWERS

1. San Diego's Craig Kimbrel (305 innings). 2. The New York Giants' Willie Mays (.345) and Cleveland's Bobby Avila (.341). 3. Miami, Fla. (2002-04) and Southern Cal (2008-10). 4. Boston's Antoine Walker, in 1997. 5. It was 2000. 6. Brazil's Kaka, in 2007. 7. It was 1993.



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## New Tool Monitors Storm Surge

submitted by Ken Gooderham,  
ASBPA Managing Director

Many people think they know all about kids after they have one. Then they have a second one and discover he or she is nothing like the first child. One slept through the night, the other was up all the time. One was always smiling, the other colicky. Some like sports, others like music. The list could go on forever.

Hurricanes (or tropical cyclones as the experts like to call them) are just like those siblings – each storm is truly unique. Some zip right through your community like a streaker. Others park on top of you. Each enters your area from a slightly different direction at a slightly different wind speed. Some have tremendous storm surge, others have very little. Just because you've lived through one (or even several) doesn't make you an expert in what the next storm will do.

Let's pick just one of a storm's many impacts – but perhaps one of its most destructive: Storm surge, an abnormal rise of water generated by a storm, over and above the predicted astronomical tides by a combination of wind driven waves and storm-induced increase in sea level.

According to the National Ocean and Atmospheric Agency (NOAA),

the maximum potential storm surge for a particular location depends on a number of different factors. Storm surge is a very complex phenomenon because it is sensitive to the slightest changes in things such as storm intensity, its forward speed, size (radius of maximum winds), the angle of approach to the coast, central pressure (minimal contribution in comparison to the wind) and the shape and characteristics of coastal features such as bays and estuaries.

Yet, because more than 50 percent of Americans live within 50 miles of the coast, because much of the country's densely populated Atlantic and Gulf Coast coastlines lie less than 10 feet above mean sea level and because more than half of the nation's economic productivity is located within coastal zones, it is important to develop the best possible information.

We've all seen that storm tracks, for instance, have improved substantially over the years. Because of this variety of storms – such as Hurricanes Andrew, Katrina and Sandy, to name a notable trio – scientists have more data to base predictions, which can mean a safer coastal population.

This year, the United States Geological Survey (USGS) and NOAA have teamed up to provide a new tool for local communities, local forecasters and residents to better understand the likelihood of beach erosion and beach front flooding.

The model provides information on the probabilities of erosion on sandy beaches along the U.S. coast during

extreme storm conditions. Storm-induced water levels, due to both surge and waves, are compared to beach and dune elevations to determine the probabilities of collision, overwash and inundation.

The USGS observations and NOAA wave and storm surge predictions contribute to the coastal change forecast. During an active storm, the USGS's Coastal Change Hazards Portal makes information easily accessible to the public beginning approximately 36 hours before landfall.

"A really exciting aspect of these forecasts is that several federal agencies are working together, combining their individual expertise, to provide useful tools to the public about coastal erosion," said Hilary Stockdon, PhD, with USGS's St. Petersburg Coastal & Marine Science Center.

An operational version of coastal change forecast model, which is being developed by USGS with the National Weather Service, will make continuous predictions at a relatively small scale of approximately two-tenths of a mile. It can make predictions in all kinds of weather. In the works is field testing by the USGS and U.S. Army Corps of Engineers to study the accuracy of the hourly water level predictions.

Better information does not change the intensity of a storm, but it does give the ability to better protect ourselves, our families and our communities.

For more information, visit <http://marine.usgs.gov/coastalchangehazardsportal/>\*

## Airport Sweepstakes

Southwest Florida International Airport (RSW) has launched the Park. Fly. Win. Sweepstakes, which is designed to build awareness and promote the benefits of short- and long-term parking at RSW.

"The busy summer travel season is a great time to launch a sweepstakes to promote on-airport parking services and give people a fun incentive to park at RSW," said Robert M. Ball, A.A.E., executive director of the Lee County Port Authority. "Once a traveler experiences the convenience and affordability of parking at the airport, we know they will become repeat customers and be eager to sign up for our Frequent Parker Program, which is coming soon."

The Park. Fly. Win. Sweepstakes is the opportunity for travelers and airport visitors to win a grand prize luxury-included® vacation to Sandals Resorts that includes unlimited gourmet dining, daily and nightly entertainment as well as activities on land, in the water and more. The 2016 sweepstakes will run from August 1 to September 30. To enter, visit <http://flylcpa.com/parking>, click on the Park. Fly. Win. Sweepstakes box and fill out the entry form. The winner will be drawn at random in October. The Park. Fly. Win. Sweepstakes is open to individuals who are 21 years of age or older and who are legal residents of the state of Florida. For official rules, see the contest page.\*

## Airport Receives \$13M Grant

The U.S. Department of Transportation has awarded a \$13,643,770 grant to Page Field, the region's general and business aviation airport operated by the Lee County Port Authority (LCPA).

The grant was made under the Federal Aviation Administration's (FAA) Airport Improvement Program, which awards funds to eligible airports for necessary planning and development projects.

The grant allows LCPA to proceed with the rehabilitation of Page Field's primary-use Runway 05/23 and associated taxiways. Specifically, it will fund enhancements to the airfield's lighting, drainage and signage, improvements to the structural integrity of the runway and taxiways, and additional safety upgrades. These improvements are necessary to repair the decades-old pavement, extend its useful life and bring it up to current FAA standards.

"Airports rely on grant dollars to provide needed infrastructure and improvements," said Robert M. Ball, AAE, executive director of the Lee County Port Authority. "LCPA worked diligently with the FAA Orlando Airports District Office to secure funding for this crucial rehabilitation of

the runway and enhance safety at Page Field."

For more information, visit [flylcpa.com](http://flylcpa.com).\*

From page 2

## First And Lee

about the post-1960s changes to the downtown landscape.

The all-volunteer non-profit organization is open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.

The society is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts.

Call 939-4044 or visit [swflhistoricalsociety.org](http://swflhistoricalsociety.org) for more information.

Watch the website of the Southwest Florida Museum of History for the reopening date after renovations: [museumofhistory.org](http://museumofhistory.org).

Then, treat yourself to a museum tour and learn more about downtown history. The museum is located at 2031 Jackson Street. Call 321-7430 for information.

Sources: Archives of the Southwest Florida Historical Society, *The Story of Fort Myers* by Karl H. Grismer, and the *Fort Myers Press*.\*

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## Financial Focus

# Financial Tips For Single Parents



by Jennifer Basey

Parenting is never an easy job and, unfortunately, it can be especially difficult if you're doing it on your own. As a single parent, you face many challenges, not the least of

which are the financial ones. But by following the suggestions below, you may be able to make life easier – for you and your children.

- Create a “safety net.” On any given day, you could incur an unexpected – and unexpectedly large – expense, such as major car repair, a new furnace or a toothache-inducing bill from your dentist. Your daily cash flow may not be enough to cover these bills, and you won't want to tap into some of your long-term investments or retirement accounts. So, you'll need to build a “safety net,” or emergency fund, containing three to six months' worth of living expenses, held in a liquid, low-risk account.

- Purchase adequate life insurance. With sufficient life insurance, you can provide your survivors with a level of comfort and security. You might have heard that you require coverage worth seven or eight times your annual earnings, but there's really not one right answer for everyone. A financial professional can assess your situation and recommend an appropriate amount, and type, of life insurance.

- Consider disability insurance. As a single parent, without the support of

a spouse's income, you could run into serious financial difficulties if you were to become ill or injured and had to miss work for an extended period. Your employer might offer disability insurance as an employee benefit, but it may not be enough to meet your needs. So you could consider adding private coverage.

- Save for retirement. It's not always easy to simultaneously save for your retirement and your children's college education. You will have to decide on your own priorities, but keep in mind that your children may have access to grants, loans and scholarships, whereas you have to rely on yourself for your retirement income. Consequently, you may want to put in as much as you can afford to the retirement accounts available to you, such as an IRA and your 401(k) or other employer-sponsored plan.

- Establish your estate plans. All parents need to develop their estate plans – but it may be even more essential for single parents. Your estate plans should include at least these three documents: a will, a power of attorney and a health care power of attorney. A will allows you to name a guardian for your children and specifies how you will pass your assets on to them. A power of attorney gives someone the legal authority to make financial and other decisions for you. A health care power of attorney authorizes someone to make medical decisions on your behalf if you become incapacitated. You may also need to create other arrangements – such as a living trust – but in any case, you will need to work with your tax and legal professionals to develop comprehensive estate plans.

Single parenthood can offer every bit as much joy as any other family situation, but it will require you to plan carefully and take advantage of every opportunity to help ensure financial stability for your children and financial freedom for yourself.

*This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at [jennifer.basey@edwardjones.com](mailto:jennifer.basey@edwardjones.com).*

## Entrepreneurial Program For Women

The Entrepreneurial Spirit Program (E\$P), a conference for women who would like to start their own business, is scheduled for Saturday, August 6 from 9:30 a.m. to 2 p.m. at the Dress for Success SW Florida Career Center, 12995 Cleveland Avenue, Suite 153, in Fort Myers.

The presentation features the E\$P Dream Team, including Gail Markham, founding partner of public accounting and business consulting firm Markham Norton Mosteller Wright & Company; Barbara Melvin, owner of BMR-Melvin Consulting; Attorney Christina Harris Schwinn of Pavese Law Firm; and Connie Ramos-Williams, president and chief marketing officer of CONRIC PR & Marketing.

Markham will speak on entrepreneurship and accounting. Small business loans is the focus of Melvin's presentation. Ramos-Williams will address marketing on a shoestring budget. Schwinn will discuss the ins and outs of incorporation, plus intellectual property and employment law.

All attendees receive a certificate

of completion. A suggested donation of \$20 includes lunch. Registration is required by calling 689-4992 or emailing [susanne@dfsswflorida.org](mailto:susanne@dfsswflorida.org).

The program is presented in partnership with CONRIC PR & Marketing, the Title Sponsor, and Markham, Norton, Mosteller Wright & Company, P.A., the Lunch Sponsor. Other sponsors include First Florida Integrity Bank and Pavese Law Firm.

## ABWA Meeting

The Imperial River Chapter of the American Business Women's Association (ABWA) invites women and men in the South Lee County business community to attend its next meeting on Wednesday, August 10 at the Holiday Inn Fort Myers Airport at Town Center from 6 to 8 p.m. Traci McKee of Henderson Franklin law firm will give a presentation on Difficult Conversations in the Workplace. Networking, presentation and business dinner are included in the registration fee of \$30 per person.

McKee's presentation will feature effective preparation and delivery methods for addressing common challenges in the workplace. Attendees will learn new skills to help improve the outcomes of difficult conversations with subordinates, co-workers and clients.

McKee is a stockholder in Henderson Franklin's Torts and Insurance Practice department.

RSVP by Sunday, August 7 online at [ABWAIMperialRiver.Eventbrite.com](http://ABWAIMperialRiver.Eventbrite.com).

## Meet The Candidates Luncheon

As the important 2016 elections get closer, the Above Board Chamber will hold a Face the Candidates luncheon from 11:30 a.m. to 1:30 p.m. on Thursday, August 11 at Harborside Event Center. Chamber members and guests are welcome.

It will be a roundtable format where candidates will make their way around the room during lunch. Attendees will have the opportunity to spend time with candidates running for school board, supervisor of elections, county commission, sheriff and other positions. Attendees can ask questions answered, take photos and learn more about the candidates who may end up in charge of policy that shapes the community's future.

### Candidates Scheduled To Attend:

Charles B. Dailey – Lee School County Board  
 Dr. Derrick Donnell – Lee County School Board  
 Jeanne Dozier – Lee County School Board  
 Richard Dunmire – Lee County School Board  
 Lori Fayhee – Lee County School Board  
 Charles Flores – Lee County School Board  
 David Lusk – Lee County School Board  
 Cathleen Morgan – Lee County School Board  
 Christine Patricca – Lee County School Board  
 Tommy Doyle – Lee County Supervisor of Elections  
 Sharon Harrington – Lee County Supervisor of Elections  
 James (Hef) Hefren – Lee County Supervisor of Elections  
 Carmen Salome – Lee County Supervisor of Elections  
 Dan Sinclair – Lee County Supervisor of Elections  
 Dick Anderson – Lee County Commission  
 Ken Dobson – Lee County Commission  
 James Didio – Lee County Sheriff  
 Stephanie Eller – Lee County Sheriff  
 Leah Harwood – Lee County Judge  
 Matt Hudson – FL State Senate  
 Jason Maughan – FL State Senate  
 Kathleen Passidomo – FL State Senate  
 Connie Ramos-Williams, CEO of CONRIC PR & Marketing, will be the emcee. Registration after August 4 is \$28 for members, \$35 for guests. For more information, call 910-7426.

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Meet our Closing Team: Nicole Naumann and Samantha Baker



# Wonder Woman To Be Celebrated By Postal Service

The U.S. Postal Service, in partnership with Warner Bros. Consumer Products and DC Entertainment, previewed four Forever stamps on July 26 that commemorate the 75th anniversary of one of the most iconic Super Heroes of all time: Wonder Woman. The first-day-of-issue dedication ceremony will take place at New York Comic-Con on Friday, October 7.

First seen in October 1941 in a back-up story for *All Star Comics* #8, meant to test her appeal at a time when female superheroes were rare, Wonder Woman quickly broke out and headlined her own title by the next year. Subsequent generations came to know the star-spangled heroine with metal bracelets on her wrists and a magic lasso by her waist via her hit 1975-79 television series and roles in animated shows and movies, as well as her historic appearance on the cover *Ms. Magazine* #1 in 1972. This past March, Wonder Woman was seen for the first time in a live action motion picture with her introduction in the movie *Batman v Superman: Dawn of Justice*.

The U.S. Postal Service celebrates her diamond anniversary by chronicling her evolution on Forever stamps from her World War II origins to today. This new issuance showcases four different stamp designs on a sheet of 20 stamps depicting Wonder Woman during four eras of comic book history:



Sheet of Wonder Woman stamps

image courtesy USPS

Golden Age (1941-55), Silver Age (1956-72), Bronze Age (1973-86) and Modern Age (1987-present). The selvage, or text outside of the stamp images, features the current block-letter Wonder Woman logo in white against a comic book style power burst rendered in shades of blue.

On the first row of stamps, Wonder Woman of the Modern Age wields a hammer with a power and determination befitting her roots in the heroic world of Greek mythology.

The Bronze Age Wonder Woman's bold stance empowers the second row of stamps. With her fist held high and bulletproof bracelets gleaming, the Amazon princess leads the charge against injustice.

The third row of stamps depicts Wonder Woman during the Silver Age. Although she possesses great strength and speed, the world's favorite superheroine prefers compassion to the use of brute force. With her golden lasso of truth close at hand, she compels honesty from her foes.

In the last row of stamps, Wonder Woman from the Golden Age bursts onto the scene as originally envisioned by creator William Moulton Marston.

Art director Greg Breeding of Charlottesville, Virginia designed the stamp pane. The Wonder Woman stamps will be issued as Forever stamps and always be equal in value to the current First-Class Mail one-ounce price.

Fans are encouraged to share the news on social media using the hashtags #WonderWomanForever and #WonderWoman75.✧

# Nominations For Officer Of The Year Announced

The Rotary Club of Fort Myers South will announce nominations for Officer of the Year at the annual Law and Order Ball at Germain Arena in Estero on Saturday, September 17 at 6 p.m.

The gala awards dinner recognizes local law enforcement and celebrates their dedication and commitment to the community.

Officer of the Year nominees:

- Cape Coral Police Department
- Sgt. Jon Kulko
- Officer Stephen Cragin
- Detective Christy Jo Ellis
- FGCU Police Department
- Detective Joseph Anderson
- Fort Myers Police Department
- Officer Cassie McHale
- Lee County Port Authority
- Senior Officer Melissa Duncan
- Master Officer John Rodriguez
- Master Officer Matthew Timothy
- Lee County Sheriff's Office
- Detective Michael Cahill
- Deputy 1st Class Jarrod Cantrell
- Sgt. James Matthew Chitwood
- Deputy 1st Class Michael Elkady
- Sgt. Sylvester Smalls
- Sanibel Police Department
- Sgt. Grace Towler

The Officer of the Year receives a custom-designed piece by Rotarian Mark Loren of Mark Loren Designs.

The club is continuing to offer the Fund-A-Cop program, enabling all

officers to attend who wish to do so. To participate and underwrite the cost of a ticket for a member of Lee County law enforcement, visit [lawandorderball.org](http://lawandorderball.org).

Tickets are \$150 per person and \$1,200 for a table of eight. The evening includes cocktails, hors d'oeuvres, dinner, a silent and live auction, entertainment and some surprises. All proceeds benefit the Rotary Club of Fort Myers South Foundation and Lee County law enforcement youth programs.

Sponsorship opportunities are available; major sponsors will be honored at a special VIP reception. Donations of auction items are also currently being accepted.

Creighton Construction and Development and Ada's Market are again presenting sponsors. Additional sponsors include LeeSar, Survival Armor, NBC-2, The News-Press Media Group, Edison National Bank, Enterprise Holdings, Armor Correctional Health, the Galloway Family of Dealerships, Tech-Tronics, CONRIC PR & Marketing, The Eventful Company, Mark Loren Designs, Rapid Print, Sista Pebble, Henderson, Franklin, Starnes & Holt, PA, Eye Centers of Florida, Wilbur Smith Law Firm, Gulf Coast Coin and Jewelry, Gendron Funeral and Cremation Services Inc., Associates and Bruce L. Scheiner, CFS Roofing, Home-Tech, Red Roof Inns, Aubuchon Team of Companies, Southern Glazer's Wine and Spirits, Fort Myers Police Department, HBKS Wealth Advisors, Old Sparky and UAStar Photo Booth.

Visit [lawandorderball.org](http://lawandorderball.org) or contact Lori Cook North at [lori@eventfulinc.com](mailto:lori@eventfulinc.com) for additional information.✧

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**Female Pioneers of Fort Myers**  
*Women Who Made a Difference in the City's Development*  
By Robin C. Tuthill and Thomas P. Hall

“Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too.”  
Geri Reaves, PhD, author of *Legendary Locals of Fort Myers* and *Fort Myers, Then & Now*



Book Review

# A Man Called Ove



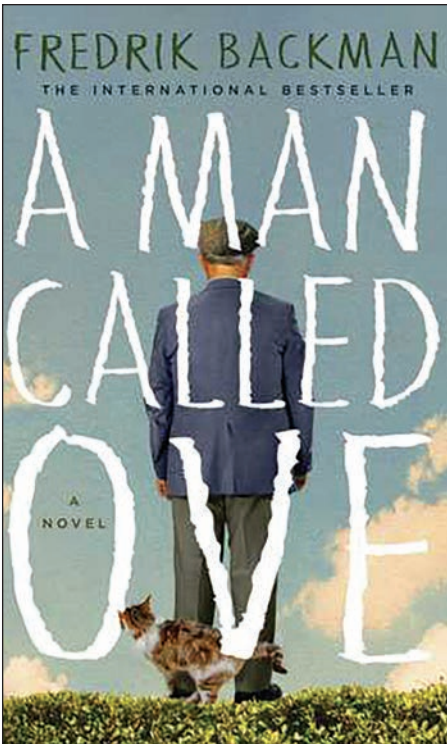
by Di Saggau

Ove, which rhymes with move, is a 59-year-old curmudgeon, and you are going to love him.

A Man Called Ove by Fredrik Backman is a debut novel, and

some readers loved it so much they rationed how much to read in order to prolong their time with the book. Not me. I read it in one day and savored every moment. Ove drives a Saab and thinks everyone should. He points at people he doesn't like the look of, has staunch principles, strict routines and a short fuse. People call him "the bitter neighbor from hell." Behind the cranky exterior, there is a story and a sadness.

Ove has lost Sonja, the love of his life. As his wife, she balanced his pessimism with optimism and warmth. Ove was a man of black and white, and she was color, all the color he had. When she giggled, she sounded the way Ove imagined champagne bubbles would have sounded if they were capable of laughter. Now Ove is fed up, so fed up that he intends to end it all. Thankfully his efforts to exit



life never come to fruition. Much to his annoyance, he is a man who people come to rely on, even though he makes it clear he is not the least bit interested in making friends.

Ove's life begins to change one November morning when a chatty young couple with two chatty young daughters move in next door and accidentally flatten Ove's mailbox. It is the lead-in to a comical and heartwarming tale of unkempt cats,

unexpected friendship and the ancient art of backing up a U-Haul. All of which will change one cranky old man and a local residents' association to their very foundation.

The author titles each short chapter in a manner that gives the reader a hint as to what they will discover about Ove. Some examples are: *A Man Called Ove And a Bicycle That Should Have Been Left Where Bicycles Are Left*, *A Man Who Was Ove and a Woman On a Train*, *A Man Called Ove and Countries Where They Play Foreign Music in Restaurants* and *A Man Called Ove and a Cat Annoyance in a Snowdrift*. It goes throughout the book serving up laughs along with a thoughtful reflection on loss and love.

As Ove's story unfolds, we realize that beneath the cranky exterior is a man whose kindness and sense of doing the right thing needs to be reawakened. He saves the life of a man who falls onto a railtrack; he lets a young gay man stay at his home when his homophobic father throws him out; and he rescues an old friend from going into a home. Backman's novel about the angry old man next door is a charming exploration of the profound impact one life has on countless others. *A Man Called Ove* has been a hit across Europe and is now doing the same here. Read it and you'll understand why.✧

Read us online at  
IslandSunNews.com

Lake Kennedy Senior Center

## Bus Trip To Trio Of Tampa Sites

Join the Kennedy Cruisers on Thursday, August 18 as they travel to Tampa to visit three terrific locations. The chartered bus will leave Cape Coral at 9 a.m. and return by approximately 6 p.m.

The bus trip excursion will start with lunch at Hank's BBQ and Catfish Restaurant, a local favorite. Feast on all-you-can-eat fried shrimp along with two southern sides.

Next, participants will venture over to the IMAX Theater at the Museum of Science for a screening of the popular documentary *A Beautiful Planet*. Made in cooperation with the National Aeronautics and Space Administration (NASA), the film features stunning footage of our magnificent blue planet – and the effects humanity has had on it over time – captured by the astronauts aboard the International Space Station (ISS).

Finally, the bus will stop at the Hard Rock Seminole Casino for a little gaming fun.

Cost is \$55 per member and \$60 per non-member, with lunch and the IMAX film screening included. Preregistration is required.

Lake Kennedy Senior Center is located at 400 Santa Barbara Boulevard in Cape Coral. For more information or to sign up, call 574-0575.✧

## School Smart



by Shelley M. Greggs, NCSP

Dear Shelley, We have been very laid back this summer and haven't had much structure. Now with school beginning soon, I would like to get my kids

into some helpful routines. They are in first and third grades. Do you have any suggestions?

Jennifer B., Cape Coral

Jennifer,

You are very wise to implement routines for your children. Consistent daily routines provide security for children. When they know what to expect, anxiety and stress are reduced.

There are many areas where routines are important to develop but here are some that relate to school success: healthy eating, exercise, sleep, TV/computer screen time usage and homework.

Healthy Eating

- Provide well-balanced meals and limit caffeine and junk foods.
- Always make time for your child to have a good breakfast so he or she will be alert and able to pay attention and learn.

Exercise

- Involve your child in physical activity for 30 minutes every day (i.e. walking, bicycling, playing sports, etc.).
- Sleep
- Maintain consistent bedtime and morning routines, including weekends.
- Young children need approximately 8-10 hours of sleep per night.

Television and computer/Internet usage

- Limit the amount of time your child watches television and uses the computer each day.

- Monitor the types of programs that your child watches and the websites he or she visits.

- Turn off scary or violent television (for example, programs with vicious animals, monsters, natural disasters, stories involving death of a parent, etc.)

Young children have a difficult time telling what is fantasy and what is real.

Homework

- Setup a specific time and location in the house where you children will complete their homework daily. Even if they don't have homework, this could be their reading time. Make sure this location has the tools necessary to complete their work so they don't waste time hunting for paper, pencils, scissors, etc., every day. Allot a specific amount of time for them to do their work or reading. Schools typically suggest how much time, by grade level, they think is appropriate for homework. You will want to be close by to the

homework area in case they need some help and encouragement, but don't do their homework for them.

With these simple routines implemented regularly your children will be prepared to learn and ready to enjoy school every day.

(This column is an update of one that ran originally in August 2013.)

Shelley Greggs is adjunct faculty at Florida SouthWestern

State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✧

## Shelter Offers Olympic Pet Adoption Deals

Lee County Domestic Animal Services will join the Olympic spirit by offering special deals to anyone who adopts a pet during the month of August. All of the pets' cages will be marked with a gold, silver or bronze medal indicating the reduced adoption fee for that pet.

The deals:

- Gold – \$15
- Silver – \$30
- Bronze – \$50

Check Animal Services' website, [www.leelostpets.com](http://www.leelostpets.com), and their Facebook page daily for even deeper discounts when the United States wins gold.

All pets are winners and their adoption fees will include spay or neuter surgery, age-appropriate vaccinations, flea treatment, de-worming, heartworm test for dogs 6 months and older, feline aids and leukemia test for cats, Lee County pet license for pets 3 months and older, microchip ID, 10-day health guarantee and Pet Behavior Helpline.

Pets available for adoption may be viewed online and adopters can submit an application online as well. The website updates hourly. Volunteers and staff will be available to help individuals and families select the pet that best suits their family.

Adoption hours are from 10:30 a.m. to 3:30 p.m. Monday through Saturday at the shelter, located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.✧



## Couple Pledges \$1 Million To FGCU Programs



David and Dr. Alise Bartley

photo courtesy FGCU

A couple from Ohio who first learned about Florida Gulf Coast University (FGCU) three years ago through a national television news story about Dunk City basketball have now become university benefactors.

David W. and Dr. Alise G. Bartley recently pledged \$1 million to FGCU's College of Health Professions and Social Work. The gift was inspired by Alise Bartley's educational experiences and desire to make a difference for others through therapy and counseling, particularly through marriage and family counseling, which is her area of professional expertise.

"We are so pleased that David and Alise recognized all our stellar university has to offer and became engaged in its continued success with an investment that will enhance and expand important programs," said FGCU President Wilson G. Bradshaw. "We are grateful for their confidence in us, and look forward to a long relationship with them in many dimensions."

The gift will be used to expand faculty and staff resources, create scholarships through the Alise and David Bartley Scholarship Endowed Fund for Marriage and Family Therapy and the Bartley Restricted Fund for Behavioral Health, fund

program development and advancement, and create development and professional opportunities for students. This includes the establishment of a community counseling clinic on campus, which would serve as a learning lab staffed by faculty and assisted by students who will gain valuable real-life experience while the region's residents benefit as well.

"As we started re-evaluating what we wanted to do with our lives, we knew we wanted to be involved with a public university, so we did some research and liked what we saw," said Alise Bartley, recalling how she and her husband were impressed by the excitement they saw at FGCU during *The Today Show* report on the Eagles' appearance in the NCAA Men's Basketball Tournament Sweet Sixteen. "We decided this would be a great place to get involved."

Her husband is equally focused on creating change.

"We're committed to passing on what we've learned, and to share our fortune with others," David Bartley said.

Dr. Mitch Cordova, dean of the College of Health Professions and Social Work, said the Bartleys' gift is especially meaningful to the college's Department of Counseling.

"This gift is transformational," he said. "It will elevate our graduate counseling programs to a new level as we are able to expand our degree choices and create a community counseling clinic that will offer training for our students and much-needed services for the community. We greatly appreciate their generous and visionary gift."

Alise is an educator and therapist who was a faculty member for 11 years at the University of Akron, where she earned a doctoral degree in counselor education and served as a supervisor with a specialization in marriage and family therapy. She also is a private practitioner and owner of The Relationship Center in North Canton, Ohio. David is chairman of Ohio Gratings, a manufacturer of custom bar grating, who recently was named Ernst & Young Entrepreneur of the Year for Northeast Ohio in the family business category.

Besides the educational boost they're giving Southwest Florida, the region also is gaining two new residents in the Bartleys, who recently bought a condo in Bonita Springs and plan to relocate from Ohio in the next year.

"Alise's and David's investment in the College of Health Professions and Social Work and in Florida Gulf Coast University is a significant contribution to our \$100 million campaign," said Lindsey Touchette, director of major gifts. "Their interest in academic excellence and student success is directly in line with our campaign priorities. We are in awe of their generosity, especially as they begin to be involved here in Southwest Florida."

For more information, contact Lindsey Touchette, director of major gifts, at 590-1016.✪

## Motorcycle Ride To Honor David Barbur

Motorcyclists across Florida are invited to take part in the 30-mile trip around Lee County to raise funds for Abuse Counseling and Treatment, Inc. (ACT) in honor of David Barbur, a former Sunrise Rotary Club Rotarian and ACT board member who led a remarkable life of service in the Fort Myers community.

The ACT Motorcycle Ride will take place Sunday, August 21 and will raise funds for ACT to continue providing meaningful program services to victims and survivors of domestic violence, sexual assault, and human trafficking in Lee, Hendry and Glades counties. The ride is \$20 per person.

This year's event sponsors include Captiva Island restaurant Keylime Bistro and Six Bends Harley-Davidson®.

The motorcycle ride will begin with registration starting at 8:30 a.m. and

"kickstands up" at 9:30 a.m. at the Six Bends Harley-Davidson® located at 9501 Thunder Road in Fort Myers, and end at the Keylime Bistro restaurant on 11509 Andy Rosse Lane on Captiva Island. The event will wrap up with an assortment of brunch items, including fresh fruit, quiche, Keylime Bistro homemade corned beef hash and key lime pie.

"ACT is so appreciative to work with both Keylime Bistro and Six Bends Harley-Davidson to promote a peaceful ride in honor of the legacy our friend David Barbur left behind of caring for survivors of domestic and sexual violence, as well as human trafficking," said Jennifer L. Benton, chief executive officer with ACT. "We hope to raise at least \$5,000 this year for critical infrastructure projects."

For more information or to register for the event, contact Jennifer L. Benton at 939-2553 or visit <http://www.actabuse.com/event/motorcycle-run-the-5th-annual-david-barbur-bikers-brunch/>.✪

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dearRPharmacist

## The Drug That Causes Gambling



by Suzy Cohen, RPh

**D**ear Readers: I was in Las Vegas recently and spent four nights there. I stayed at The Palazzo and checked out hotels like Paris, The Venetian, MGM Grand, Aria, Caesars Palace and probably

two others that I walked by. With that many hotels, guess how much I spent on gambling?

Five dollars.

No kidding. It just doesn't interest me. I look at big green trash cans and think, "Those were the original slot machines, before casinos figured out they could get more money out of us if they put fancy noises and lights on them!"

All kidding aside, gambling is no joke, it's a hobby for some and an illness for others. And interestingly, we know that some drugs can enhance that gambling state of mind. A few months ago, the U.S. Food and Drug Administration warned physicians about Abilify

(aripiprazole) and how it could cause impulsive behavior. If you are one of my fans, I told you this the very year Abilify was released in 2006, and also how it could cause rapid weight gain.

Abilify is one of the worlds #1 prescribed drugs. It raked in \$6.4 billion in 2013. It's classified as an antipsychotic medication but unfortunately physicians dispense it like it's some kind of Tic Tac... for every emotional and mental disorder you walk in with. The gambling problems have led to divorces. A quick google search will reveal anxious lawyers who want to represent you because they feel like the drug companies knew and kept it hush hush.

One patient reportedly played the slots occasionally but never lost more than \$50, then he started Abilify. "After I ploughed through my bank account, I obtained cash advances on my credit cards and soon maxed them out," said the patient whose wife now wants a divorce.

It's not just gambling, if you take this drug you may feel unnatural cravings to binge eat, have sex or go shopping. If you get these urges (and I mean in an unnatural, unhealthy way), then your dopamine is off. It leads to fighting, infidelities, obesity, bankruptcy and divorce. Funny, I never noticed anything alarming in the TV commercials, everyone looked happy.

In 2015, American doctors wrote 1.5 million prescriptions to treat not

only schizophrenia, but also depression, bipolar disorder autism-induced mood problems. We don't really need studies to prove what Abilify and other drugs do because those drugs work on dopamine. When you raise dopamine excessively, and mess with your brain chemicals, you pull the string on the puppet. Three studies concluded that discontinuation of Abilify could help you get control of the pathological gambling. These can be easily found in *The British Medical Journal 2011*, *JAMA 2014* and *Addictive Behaviors 2014*.

If you feel like you've been shopping excessively, binging on food or anything, or experiencing unhealthy urges and you take Abilify, I recommend you speak to your doctor to either reduce your dosage, wean off altogether or try something natural so you can address brain chemistry and get it healthy again. Healing dopamine receptors takes time and while this side effect is unusual, I want you to know it can happen, because the FDA decided they only needed to warn doctors.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).*✱

## Safety Seminars For Seniors

**S**eniors are invited to attend a series of safety education seminars on Tuesdays in August and September with the Lee County Sheriff's Office, who will address topics and provide tips on protecting you and your property.

- August 9 at 10 a.m.: Residential security – Are you burglar proof?
- August 30 at 1 p.m.: Responding to an active shooter – Do you know what to do?
- September 13 at 10 a.m.: Sheriff's office traffic unit – Safety on the road.
- September 27 at 1 p.m.: Social Security benefits – Are your benefits safe from hackers?

A question-and-answer session follows each presentation. Light refreshments will be provided. There is no cost to attend.

The seminars will take place at the UnitedHealthcare MedicareStore in the Daniels Crossing Shopping Center, 6900 Daniels Parkway 23-C in Fort Myers. RSVP by calling 561-9142.✱

Doctor and Dietician

## Treating Arthritis Of The Wrist



by Ross Hauser, MD  
and Marion Hauser, MS, RD

**A**rthritis of the wrist is a common, painful and disabling condition. Typically in the early stages of wrist arthritis, the problems are mainly caused by carpal instability from ligament injury. These weakened ligaments make an individual more susceptible to further injury. The instability caused by ligament weakness allows the wrist bones to shift positions. Over time, wrist joint instability leads to deterioration of the joint and osteoarthritis.

The diagnosis of wrist instability or wrist ligament injury is best done by direct palpation. Wrist bones are very superficial, allowing for easy palpation of the weakened ligament(s) to elicit a positive "jump sign." Rest, activity modification, and support

braces are frequently recommended, but it is important to note that rest and immobility of a joint can cause more problems in the long run. Forms of treatment which allow the preservation of movement are now preferred.

Many of the common therapies for wrist arthritis result in short term relief alone and often leave folks with unresolved pain. Furthermore, various wrist replacement and fusion techniques are still not sufficiently robust to meet the demands of many patients, nor do they restore the normal movements of the wrist. One explanation for the lack of response of chronic wrist pain sufferers to traditional conservative therapies is that their underlying problem, ligament injury and joint instability, is not being addressed.

To halt the arthritic process, stabilize the carpal joints, and reduce wrist pain, Prolotherapy is among regenerative options that can be used effectively. Regenerative medicine treatments are those that address the genesis of the problem, the ligament injury. By stimulating tissue repair in degenerated tissues such as ligaments and tendons, pain can be alleviated and natural motion restored.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at [info@caringmedical.com](mailto:info@caringmedical.com).*✱

## Mom And Me



by Lizzie and Pryce

**L**izzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

### Dear Mom & Me,

My mother-in-law hated me from the first day she met me. She thought I wasn't good enough for her daughter. I guess I wasn't then, but as luck would have it, I have been extremely successful.

She hated our son, but adored our daughter. After my wife mentioned it to her, she disliked them both.

Years have passed and when my mother-in-law's health started to go, I asked her to come and live in our home. She lived with us for six years and not a day passed that she didn't tell me how she still hated me.

Please tell me why would a person be so hurtful to us when we have been so good to her?

Erick

### Dear Erick,

Treating others well regardless of how you are treated by them... well done! I wish many would watch and learn from your example. It is a difficult road and at times, I am sure, seems impossible, but it screams a lot about your character. Your mother-in-law sounds like a self-centered individual, interested only in her own feelings. I am sure she can justify everything she says, feels and does.

I do not know why she acts the way she does. One thing is for sure: she is not going to change. She is getting her needs met by being mean.

If and when her presence in the home affects your family's health and happiness, making a change is OK and not throwing in the towel. In some families due to personalities, past history, etc., strong and wide boundaries are needed. You can still care, but care from a distance.

Pryce

### Dear Erick,

Congratulations on your success.

Some people would never ever admit that they could do anything wrong. Their opinions are right regardless of the facts.

You were kind and generous people to give her a home. Her mental impairment in later life just compounded the problem.

Some people seem to be nasty individuals, regardless of the kindness of others. Nasty when they were young, and even worse when they are older.

Pryce

*Lizzie and Pryce's email address is [momandmeaging@hotmail.com](mailto:momandmeaging@hotmail.com).*✱



PETS OF THE WEEK



Monica ID# 416806



Izzy ID# 665420

Monica is an 8-year-old spayed female boxer. Despite her age, she is full of youthful energy and is very playful and sociable with the other dogs at the shelter. She is very well behaved, can sit, walk nicely on leash and is the sweetest, most loving dog you could ever wish to own. Adopting a senior can be the best gift you can ever give, not just to them but to yourself.

Her adoption fee is \$15 (regularly \$25) during Animal Services' Olympic Pet Adoption Deals promotion.

Izzy is a 4-month-old domestic short hair spayed female who has spent nearly half her life in the shelter. She has an adorable black-and-white tuxedo coat. Her very playful and loving personality is sure to bring a ton of enjoyment to your life.

Her adoption fee is \$30 (regularly \$75) during Animal Services' Olympic Pet Adoption Deals promotion.

For information about this week's pets, call

533-7387 (LEE-PETS) or log on to Animal Services' website at [www.LeeLostPets.com](http://www.LeeLostPets.com). When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if 3 months or older, flea treatment, worming, heartworm test for dogs 6 months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.✱



Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500
<b>ARTS</b>	
Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321
<b>CLUBS &amp; ORGANIZATIONS</b>	
Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Chorale Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE(National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
<b>Kiwanis Clubs:</b>	
Fort Myers Beach	765-4254 or 454-8090
Fort Myers Edison	694-1056
Fort Myers South	691-1405
Gateway to the Islands	218-5768
Iona-McGregor	482-0869
<b>Lions Clubs:</b>	
Fort Myers Beach	463-9738
Fort Myers High Noon	466-4228
Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900
<b>AREA ATTRACTIONS</b>	
Bailey-Matthews Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

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PUZZLES

Answers on page 29

Super Crossword

PROPELLING ANSWER

- ACROSS
- 1 Syria's president since 2000

6 Devalue

13 Most optimistic

20 Fry lightly

21 Pilot in "Star Wars"

22 Everywhere

23 Start of a riddle

26 Bull-themed tequila brand

27 Bewildered

28 Fore and —

29 Baseballer Stengel

30 "— pro nobis" ("pray for us")

32 Top-secret govt. group

34 Be a stinker

36 Riddle, part 2

47 Thwart

48 Big name in elevator safety

49 — Lankan

50 Farmer, e.g.

51 Grain tower

52 P.O. part

53 Like forests

55 Singer

56 Riddle, part 3
- 59 Morale restorer

60 General Electric

61 Ending for co-founder

62 Venom

64 Curtain fixture

65 Cheer at a

59-Across

67 "Miami Ink" channel

69 Not talking

70 Chinese philosophy

73 Neighbor of Mozambique

76 Fit of petty annoyance

79 Defiant sorts

81 "Fer — out loud!"

84 Riddle, part 4

87 Biker's bike, informally

88 Voting sheet

89 Seeing things

90 Best Picture of 2012

91 Illusion artist

M.C. —

93 Fritz's "the"

94 Pop singer

Lisa

95 Swimming star Janet
- 96 End of the riddle

100 Put frosting on

101 President pro —

102 Greek letter after pi

103 Turn to hit

107 "Give — a kiss!"

109 Having skill

112 Vigorless state

117 Riddle's answer

121 Dermal art

122 3-D model of a scene

123 Sasha's sis

124 Patroness of Québec: Abbr.

125 Pen user's stain

126 Lute of India
- DOWN
- 1 Life — know it

2 Comic Mort

3 Raw beef fat

4 — charge (costing zip)

5 Tigers' home

6 "Evita" narrator

7 "If I — nickel for ..."

8 Slaughter in baseball

9 Climbs

10 Fertilizer compound

11 "Xanadu" band, briefly

12 Director Ephron

13 One giving a tirade

14 On in years

15 Smooth raincoat

16 Fort Dodge's state

17 Days before holidays

18 Dried and withered

19 Deuce topper

24 Rhino part

25 "Yes, alas"

31 In on — thing

33 Big name in old fables

35 Jumpy

36 Dryer go-with

37 Spanish city or province

38 Installed anew, as floor tiles

39 Kris — ('90s rap duo)

40 Common answer at the door

41 Saltpeter

42 Organization

43 Film director Christopher

44 Many a missing GI

45 "Little" Dickens girl

46 Strong cart without sides

52 Prescribing punishment

53 Tam-o'-shanter, e.g.

54 Wedge filling a gap

57 Mosque holy book

58 Kiddie

59 Foe of Paris

63 Is an Internet explorer

66 "Funny joke!"

68 Mongrel mutt

70 Largest city in Iran

71 Makes flush

72 Absorb gradually

73 Power

74 Crazy notion

75 Archipelago

77 Fluid in refrigeration

78 Lobby

80 "Huzzah!"

81 Gnaw on

82 Itchy eruption

83 Service org. for females

85 Kazakh journalist of film

86 Giant in grills

88 — -a-brac

92 Book version

94 Loosens (up)

95 People who lend their names to things

97 Downfall

98 "Sure, whatever"

99 Persian ruler

103 Rented residences: Abbr.

104 "— does it!"

105 Eight-bit unit

106 Dog in "The Thin Man"

108 "... — can't get up!"

110 Clear hurdles

111 Red monster of kids' TV

113 Morales of "Freejack"

114 Thaw

115 Large pelvic bones

116 Way yonder

118 Hoodwink

119 Victory

120 Tit for —

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91					92			93			94					95				
96						97				98					99					
				100				101					102							
103	104	105	106			107		108		109		110	111		112		113	114	115	116
117						118				119					120					
121								122								123				
124								125								126				

King Crossword

- ACROSS
- 1 Let the cat out of the bag

5 Culture medium

9 Seek damages

12 Frost

13 Contemptible

14 Moreover

15 Saharan

16 Sculpted head

17 18-wheeler

18 Pedestal part

19 "The Greatest"

20 Fisherman's hope

21 TV watchdog org.

23 Away from NNW

25 In a just manner

28 Certainly

32 Nome dome home

33 Heart line?

34 Aromatic resin

36 Brawl

37 Supplement, with "out"

38 Scoot

39 Alger's "before"

42 Twitch

44 Lends a hand

48 Coloration

49 Pruritus

50 Thought
- 51 Freddy's street

52 -- gin fizz

53 Lounge about

54 Billboards

55 Repair

56 Narrow opening

6 France, once

7 Francis' home

8 On Soc. Sec., maybe

9 Hindu garment

10 One

11 Advantage

20 Sideshow performer's cot?

22 Cape

24 Glitch

25 White lie

26 Khan title

27 Not up to par

29 Blunder

30 Greek vowel

31 Rotation

35 Stamina

36 Like some eyebrows

39 Comical

Caroline

40 "— Lang Syne"

41 Pirate treasure, in part

43 Pedestal occupant

45 "American --"

46 Sandwich shop

47 Sodium chloride

49 Doctrine
- DOWN
- 1 Actor Pitt

2 Old Italian money

3 In the thick of

4 State of great comfort

5 Monastery office

STATES WITH A MAGIC MAZE ● PLACE NAMED COLUMBUS

N I F A D A X V A N A I D N I  
T N Q ( M I N N E S O T A ) O L M  
J I I H F G D E C A H N L Y W  
U A R S Y R R A W P N I L J H  
F D K U N K B O K Y N L O Z X  
V T R S O O C Q E O O O O M K  
K A N S A S C U I G T R I H F  
D B Z Y A R S S T W V A K T R  
Q O N X L K B I I N I C H F D  
C A E O C I X E M W E N Z X W  
V T U S A N A T N O M K R Q O

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Georgia
- Illinois
- Indiana
- Kansas
- Kentucky
- Minnesota
- Missouri
- Montana
- N. Carolina
- N. Dakota
- Nebraska
- New Mexico
- New York
- Texas
- Wisconsin





"I had only enough candles for your  
\_\_\_\_\_ age!"

answer on page 29

### SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Port  
**BORRAH** \_\_\_\_\_

Arise  
**METS** \_\_\_\_\_

Covert  
**TALENT** \_\_\_\_\_

Convey  
**KAPES** \_\_\_\_\_

TODAY'S WORD

\_\_\_\_\_

		6	8				4	
	3				2	8		
7				1				5
8			9			5		4
	7			8			6	
		9			6			3
9		4		7				8
5			1				3	
	8				5	7		

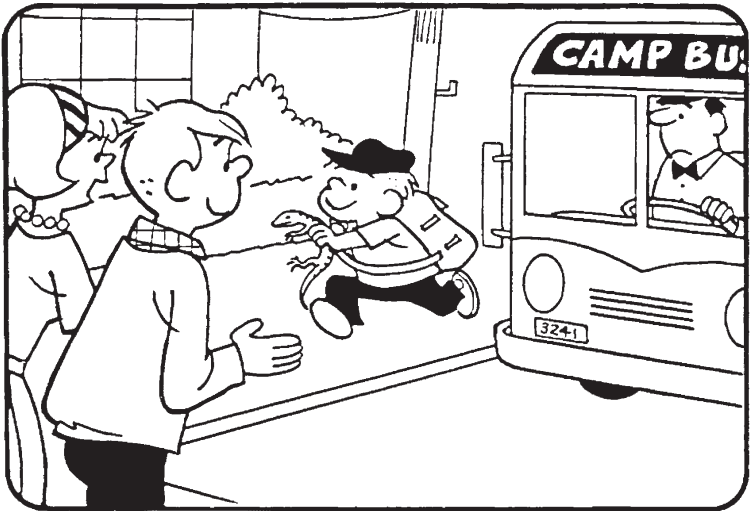
### SUDOKU

**To play Sudoku:**  
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

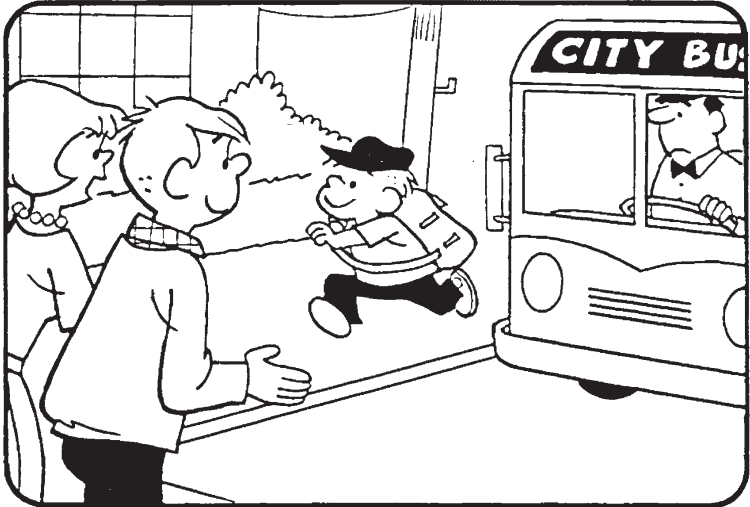
answer on page 29

### HOCUS-FOCUS

BY  
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Headband is missing. 2. Arm is moved. 3. Lizard is missing. 4. Bus name is different. 5. Bus mirror is smaller. 6. License is missing.

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**Shrimp and Avocado Remoulade Salad**

2 pounds medium shrimp, cooked and peeled  
1½ cups light mayonnaise  
½ cup catsup  
4 tablespoons Dijon mustard  
2 shallots, minced  
1 clove garlic, minced  
¼ cup prepared horseradish  
¼ cup rice wine vinegar  
½ teaspoon celery salt  
1 teaspoon paprika  
3 tablespoons seafood seasoning spices  
2 teaspoons lemon juice  
1 teaspoon hot pepper sauce  
½ teaspoon salt  
3 medium avocados, peeled and halved  
Chill the cooked shrimp in a large covered bowl in refrigerator for 1 hour. Make a remoulade sauce by combining all but avocados in a food processor; blend until smooth. Pour mixture over shrimp, stirring to coat. Marinate shrimp in sauce for an hour or more before serving. Spoon the shrimp mixture into center of avocado halves to serve.  
Yield 6 servings.\*



Shrimp and Avocado Remoulade Salad

photo courtesy Fresh From Florida

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www.edisonparkanimalhospital.com  
"Wir Sprechen Deutsch"

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Fort Myers, FL 33901  
Facebook icon, Google Plus icon



PUZZLE ANSWERS

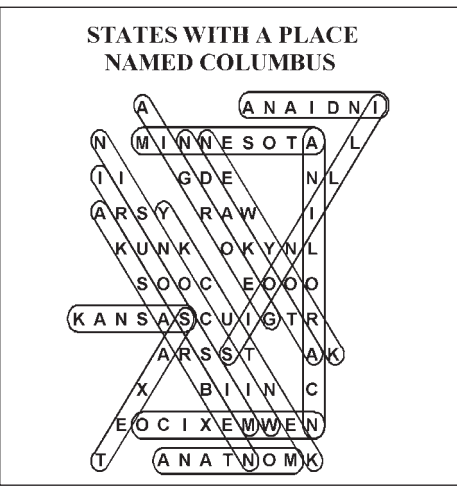
SUPER CROSSWORD

A	S	S	A	D		C	H	E	A	P	E	N		R	O	S	I	E	S	T
S	A	U	T	E		H	A	N	S	O	L	O		A	L	L	O	V	E	R
W	H	E	N	T	H	E	D	O	C	T	O	R	A	N	D	I	W	E	R	E
E	L	T	O	R	O		A	S	E	A		A	F	T		C	A	S	E	
				O	R	A			N	S	A			R	E	E	K			
W	O	R	K	I	N	G	I	N	T	H	E	G	A	R	D	E	N	A	N	D
A	V	E	R	T		O	T	I	S		S	R	I		G	R	O	W	E	R
S	I	L	O		P	O	S	T		W	O	O	D	S	Y		L	O	L	A
H	E	A	S	K	E	D	M	E	T	O	P	U	S	H		R	A	L	L	Y
E	D	I	S	O	N		E	R	O	O		P	O	I	S	O	N			
R	O	D		R	A	H		T	L	C		M	U	M		T	A	O		
			M	A	L	A	W	I		H	U	F	F		R	E	B	E	L	S
C	R	Y	I	N		H	I	S	B	A	R	R	O	W		F	O	R	H	I
H	A	W	G		B	A	L	L	O	T		E	Y	E	S		A	R	G	O
E	S	C	H	E	R		D	E	R		L	O	E	B		E	V	A	N	S
W	H	A	T		D	I	D	I	S	A	Y		I	N		R	E	S	P	O
				I	C	E	D		T	E	M		R	H	O					
A	T	B	A	T		M	E	A		A	B	L	E		A	N	E	M	I	A
P	H	Y	S	I	C	I	A	N		W	H	E	E	L	T	H		Y	S	E
T	A	T	T	O	O	S		D	I	O	R	A	M		M	A	L	I	A	
S	T	E	A	N	N	E		I	N	K	S	P	O	T		S	I	T	A	R

KING CROSSWORD

B	L	A	B		A	G	A	R		S	U	E
R	I	M	E		B	A	S	E		A	N	D
A	R	I	D		B	U	S	T		R	I	G
D	A	D	O		A	L	I		B	I	T	E
			F	C	C		S	S	E			
F	A	I	R	L	Y		I	N	D	E	E	D
I	G	L	O	O			A	O	R	T	A	
B	A	L	S	A	M		A	F	F	R	A	Y
			E	K	E		R	U	N			
R	A	G	S		T	I	C		A	I	D	S
H	U	E		I	T	C	H		I	D	E	A
E	L	M		S	L	O	E		L	O	L	L
A	D	S		M	E	N	D		S	L	I	T

MAGIC MAZE



SUDOKU

2	9	6	8	5	7	3	4	1
1	3	5	4	6	2	8	9	7
7	4	8	3	1	9	6	2	5
8	6	2	9	3	1	5	7	4
3	7	1	5	8	4	9	6	2
4	5	9	7	2	6	1	8	3
9	1	4	6	7	3	2	5	8
5	2	7	1	9	8	4	3	6
6	8	3	2	4	5	7	1	9

My Stars ★★★★★

FOR WEEK OF AUGUST 8, 2016

**ARIES** (March 21 to April 19) A more harmonious aspect favors all relationships. Family ties with mates and children are strengthened. Libra is Cupid's choice to win the amorous Aries' heart.

**TAURUS** (April 20 to May 20) The bold Bull is ready to take on fresh challenges. Expect some opposition as you plow new ground -- but supporters will outnumber detractors.

**GEMINI** (May 21 to June 20) An upcoming job change could mean uprooting your family to a far-distant location. Weigh all considerations carefully before making a decision one way or the other.

**CANCER** (June 21 to July 22) A long-standing problem is resolved by a mutually agreed upon compromise. You can now focus on getting the facts you'll need for a decision you'll soon be asked to make.

**LEO** (July 23 to August 22) The Big Cat needs to be wary of what appears to be a golden investment opportunity. That "sure thing" could turn out to be nothing more than a sack of Kitty Glitter.

**VIRGO** (August 23 to September 22) You give of yourself generously to help others, but right now you must allow people to help you. Confide your problems to family and trusted friends.

**LIBRA** (September 23 to October 22) Relationships benefit from a strong harmonious aspect. Things go more smoothly at work. Someone you thought you'd never see again asks for a reconciliation.

**SCORPIO** (October 23 to November 21) A minor distraction interferes with travel plans, but the delay is temporary. Meanwhile, expect to play peacemaker once again for feuding family members.

**SAGITTARIUS** (November 22 to December 21) Keep that positive momentum going on the home front. Arrange your schedule to spend more time with your family. You'll soon have news about that job change.

**CAPRICORN** (December 22 to January 19) Control that possessive tendency that sometimes goads you into an unnecessary display of jealousy. You could be creating problems where none currently exist.

**AQUARIUS** (January 20 to February

18) A new project holds some challenges you hadn't expected. But don't be discouraged; you'll find you're more prepared to deal with them than you realized.

**PISCES** (February 19 to March 20) Yours is the sign of the celestial Chemist, so don't be surprised if you experience a pleasant "chemistry" betwixt yourself and that new Leo in your life.

**BORN THIS WEEK:** You enjoy being fussed over, as befits your "royal" Leonine nature. You also have a strong loyalty to family and friends.

THIS WEEK IN HISTORY

• On Aug. 14, 1784, a Russian fur trader founds Three Saints Bay, the first permanent Russian settlement in Alaska. In 1867, Secretary of State William H. Seward signed a treaty with Russia for the purchase of Alaska for \$7.2 million, a bargain at 2 cents an acre.

• On Aug. 10, 1846, President James Polk signs the Smithsonian Institution Act into law. In 1829, James Smithson died, leaving behind a will giving money to the United States for the creation of the "Smithsonian Institution" and a fortune worth well over \$500,000.

• On Aug. 13, 1899, Alfred Hitchcock, the macabre master of moviemaking, is born in London. His innovative directing techniques made "The Master of Suspense" one of the most influential filmmakers of the 20th century.

• On Aug. 11, 1965, in the Watts neighborhood of Los Angeles, two white policemen scuffle with a black motorist suspected of drunken driving, sparking a riot. Five days of violence left 34 people dead, 1,032 injured and nearly 4,000 arrested.

• On Aug. 8, 1974, with impeachment proceedings underway, President Richard Nixon announces he will resign as president of the United States.

• On Aug. 9, 1985, Arthur Walker, a retired U.S. Navy officer, is found guilty of espionage for passing top-secret documents to his brother John, who then passed them to Soviet agents. John Walker, also a Navy veteran, had been involved in spying for the Soviets since 1968.

• On Aug. 12, 1990, fossil hunter Susan Hendrickson finds three huge bones jutting out of a cliff near Faith, South Dakota,

part of the largest and most complete Tyrannosaurus rex skeleton ever discovered. Nicknamed "Sue," the skeleton is 42 feet long, and its massive 2,000-pound skull has 58 teeth. It can be seen today at the Field Museum of Natural History in Chicago.

STRANGE BUT TRUE

• It was notorious American self-described "gonzo journalist" Hunter S. Thompson who made the following sage observation: "Life should not be a journey to the grave with the intention of arriving safely in a pretty and well-preserved body, but rather to skid in broadside in a cloud of smoke, thoroughly used up, totally worn out, and loudly proclaiming 'Wow! What a ride!'"

• Spread out your fingers as far as you can, then measure the distance between the end of your thumb and the opposite side of your palm. That distance is known as your shaftment.

• Roto-Rooter, the plumbing and drain service company, conducts an annual survey of its technicians to find out what sorts of things are being found in customers' pipes. Among the more interesting items over the years have been Barbies, false teeth, TV remotes, alligators and six-packs of beer.

• Over the past 100 years, the life expectancy of the average American has risen from 47 to 78.

• Those who study such things say that, on a per-capita basis, Canadians consume more macaroni and cheese than citizens of any other country in the world.

• Railroads in Japan have a persistent problem: turtles. It seems the reptiles have a habit of wandering onto the tracks, and many of them get stuck between the switching rails. This prevents the switches from closing properly, causing train accidents. To address the problem, the West Japan Railway Company consulted with the Suma Aqualife Park in Kobe; together, they created tunnels under the tracks to allow the turtles to pass freely without endangering railway passengers -- or themselves.

THOUGHT FOR THE DAY

"English usage is sometimes more than mere taste, judgment, and education -- sometimes it's sheer luck, like getting across the street." -- E.B. White

SCRAMBLERS

solution

1. Harbor; 2. Stem;
3. Latent; 4. Speak

Today's Word  
MENTAL

TRIVIA TEST

1. Literature: Which conservationist wrote the book "The Sea Around Us" in 1951?
2. Food & Drink: What are the food items mentioned in the song "Take Me Out to the Ball Game"?
3. Geography: What is the capital of the Bahamas?
4. Birthstones: What is another name for a ruby, July's birthstone?
5. Cartoons: What kind of creatures are Disney characters Chip and Dale?
6. General Knowledge: What is the nickname of the University of Idaho sports teams?
7. Earth Science: What is magma?
8. Games: What word refers to a draw in the game of chess?
9. Bible: In which two books of the Bible do the Ten Commandments appear?
10. Television: In this 1970s-80s TV drama of the same name, what does the acronym "CHiPs" refer to?

TRIVIA ANSWERS

1. Rachel Carson
2. Peanuts and
3. Cracker Jack
4. Red
5. Chipmunks
6. Vandal's
7. Molten rock
8. Stalemate
9. Exodus
10. Highway Patrol



# ★ ★ ★ CLASSIFIED ★ CLASSIFIED ★ ★ ★

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\*RS 6/24 CC TFN

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\*NS 7/29 BM 8/5

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### LOAN NEEDED

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\*NS 7/22 CC TFN

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\*RS 5/13 CC TFN

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\*NS 7/22 CC 8/5

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are homebound and generally living  
alone. Seniors Receive: Tax-free Stipend  
of \$2.65/hr., Mileage reimbursement of  
\$.40/mile, Paid Holiday, Vacation, & Sick  
leave. Volunteers, age 55 and older, able  
to volunteer at least 15 hours per week are  
urged to call today.  
Dr Piper Center for Social Services, Inc.,  
Tel: (239) 332-5346 or (800) 332-5346  
\*NS 7/1 NC TFN

## LOST AND FOUND

### ENGAGEMENT RING LOST

Engagement ring lost at the Lighthouse  
Beach by the big driftwood tree on 4/28/16  
in the water. If anyone finds, please contact  
the Sanibel Police or call 864-704-5135.  
\*NS 5/13 NC TFN

Share your community news with us.  
Call 395-1213, Fax: 395-2299 or email [press@riverweekly.com](mailto:press@riverweekly.com)



# Turtle Nesting Season Guidelines

With the official start of sea turtle nesting season now upon us, the City of Sanibel, in partnership with the Sanibel-Captiva Conservation Foundation (SCCF), is asking all residents and visitors to do their part in protecting these threatened and endangered species.

On Sanibel, nesting and hatchling emergence typically occur between May 1 and October 31. The nesting ritual of the loggerhead sea turtle is one of the most remarkable natural phenomena occurring on Sanibel's gulf beaches. This natural process has happened on Sanibel for centuries and our 11 miles of gulf shoreline have more nesting activity than any other beach in Lee County. Sought by predators and susceptible to dehydration, sea turtle hatchlings have only a one in one thousand chance of survival. Human activities can further reduce that chance.

By following these simple guidelines, you can do your part to ensure the survival of these magnificent creatures:

- Turn off or shield lights near the beaches. Artificial beach lighting can inhibit female sea turtles from nesting and disorient hatchlings. Most beachfront lighting issues can be addressed by turning off all unnecessary lights, repositioning or modifying light fixtures or closing blinds and drapes.
- Remove furniture and other items from the beach and dune area when not in use, between the hours of 9 p.m. and 7 a.m. Items left on the beach, including beach furniture, toys and trash, may be barriers to nesting or result in entanglement and predation of hatchlings.
- Level all sandcastles and fill any holes dug during play. These are fine during the day but may pose additional hazards at night. Please leave the beach as you found it, so that sea turtles and hatchlings are not hindered on their way to nest or to the water.
- Pick up all trash. Sea turtles mistakenly eat debris, especially plastic, which results in death.
- Honor the leash law. All dogs on the beach must be on a leash and not allowed to disturb nesting turtles or hatchlings.

Gulf-front property owners should make sure that their properties are in compliance with the city's sea turtle protection ordinances and ensure that artificial lighting from the property is not illuminating the beach (Sanibel Code Section 74-181-74-183, Section 126-996-126-1002).



An easy way to test if your property is in compliance is to stand on the beach on a moonless night and look seaward. If you can see your shadow cast towards the water, there is too much light behind you. This light could potentially deter female turtles from nesting or disorient hatchlings as they emerge from the nest.

We look forward to another successful sea turtle nesting season and hope to uphold Sanibel's reputation as having one of the darkest and most "turtle friendly" beaches in the state. We ask for your continued compliance with city's sea turtle protection ordinances and remind all residents and visitors that violations of these ordinances may be subject to city, state, and/or federal fines and penalties. Violations should be reported immediately to the Sanibel Police Department at 472-3111, Sanibel Code Enforcement at 472-4136, or Natural Resources at 472-3700.

For more information regarding sea turtles on Sanibel, visit the city's website at <http://mysanibel.com/Departments/Natural-Resources/Protecting-Our-Beaches/Sea-Turtles>.



# Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Marina Pointe	Bonita Springs	2005	6,773	\$4,995,000	\$4,000,000	80
Tarpon Estates	Cape Coral	2012	3,600	\$2,200,000	\$1,900,000	132
Creekside	Bonita Springs	1996	3,536	\$1,149,000	\$1,087,500	272
Whiskey Creek	Fort Myers	1981	3,586	\$899,000	\$975,000	83
Cape Coral	Cape Coral	1995	2,957	\$984,000	\$933,200	12
Buckingham Park	Fort Myers	1994	6,133	\$899,000	\$882,000	145
Edgewater	Fort Myers	1999	3,014	\$839,000	\$800,000	33
Dunes At Sanibel Island	Sanibel	1986	2,414	\$799,000	\$758,000	96
Palm Isles	Fort Myers Beach	2007	2,160	\$775,000	\$750,000	39
Arezzo	Bonita Springs	2006	3,081	\$765,000	\$740,000	121





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